

BETH EL SHALOM

MAY 2026

IYAR/SIVAN 5786

As we move through the month of May, we find ourselves in the midst of Sefirat HaOmer, the counting of the Omer, a daily practice that bridges the freedom of Pesach with the revelation of Shavuot. Each evening, we mark the passage of another day, another step in a journey that is at once historical and deeply personal.

At first glance, counting may seem like a simple, even mechanical act. Yet Jewish tradition transforms counting into something far more meaningful. We do not merely note the passage of time—we sanctify it. Each counted day becomes an opportunity to reflect, refine and grow. The Omer reminds us that time is not something to be spent or lost, but something to be shaped with intention.

In our modern lives, it is easy to let days blur together. We rush from obligation to obligation, often measuring success by productivity rather than presence. The discipline of counting the Omer gently interrupts that pattern. It asks us to pause, even briefly and take stock: Where am I today? Who am I becoming? Have I used this day in a way that aligns with my values?

The Kabbalistic tradition deepens this practice by associating each week of the Omer with a different emotional or spiritual quality; for example, Chesed (kindness), is for week one. Each day becomes a chance to refine not just our actions, but our inner lives. Growth is not instantaneous; it is cumulative. Just as we count one day at a time, we build character one choice at a time.

There is also a powerful message in the fact that we count upward. We begin at one and move toward forty-nine, anticipating the moment of revelation on Shavuot. This upward movement teaches us that life is oriented toward purpose and possibility. Even when progress feels slow, each step matters. Each day counts because we count.

Rabbi Abraham Joshua Heschel, of blessed



memory, once wrote, "Life is not a race, but a pilgrimage." The Omer embodies this idea. It is not about reaching the destination as quickly as possible, but about engaging the journey with awareness and intention.

As we approach Shavuot on Thursday night, May 21, may our counting not be rote, but reflective. May we learn to treasure each day as a sacred unit of time, filled with potential for growth, kindness and connection.

May we arrive at Sinai not only having counted the days, but having made our days count.

I hope you will join us at 8 p.m. on Thursday, May 21, for services followed by our Tikun Leil Shavuot. Rabbi Nover and I will be teaching, and we will, of course, have refreshments including cheesecake. We will conclude by midnight, but feel free to come and go as you like.

Services will continue at 9:30 a.m. and 7:30 p.m. on Friday, May 22; and on Saturday, May 23rd at 9 a.m. Yizkor will be recited.

I also hope you will join us for Beth El's annual BBQ & Game Day on Sunday, May 17, from 11 a.m.–2 p.m. Please RSVP to the Synagogue Office by Wednesday, May 13. This is a great opportunity for our Beth El community to come together to hang out and

Continued on p. 4



Tikun Leil Shavuot

Thursday, May 21
8 p.m.–midnight
Beth El Synagogue

PULL OUT CALENDAR

Candle Lighting Times, Service Times, & Events all in one place, pp 18–19!

Rabbi Nover's Message

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President's Message

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Good & Welfare

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Donations

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Adult Education

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Men's Club

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Women's League

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Beth El Seniors

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Rosh Chodesh Group

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Minyan Makers

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S • H • A • V • U • O • T



Friday, May 22
Saturday, May 23

Rabbi Nover's Message



This year, Shavuot comes the closest it's ever been (in my memory) to the end of the RS school year. And in many ways, that wraps up our year beautifully. As we conclude this cycle of learning and celebrate our graduates, we also celebrate learning itself. We remember that learning is a precious gift, and that the Torah is something that we can learn at any age, at any level, and at any time.

Learning happens in many ways. We read the Torah out loud so that people can listen to it. We study the Torah in classes to delve deeply into the words. We learn about the geography and land of Israel to help us understand the context of the Torah stories, and we talk about what it means to be Jewish, to see how Torah is lived.

If you do it right, every second of your life can be an exploration of Torah. Sitting and eating a meal? The Torah has something to say about how to eat, and how to think about the miracle it is that you have food in front of you that is safe to eat, and provides you with energy and nutrients. Waking up? Our tradition says that you should leap out of bed like a lion ready for a day of being holy.

Every aspect of our lives—from the most mundane task of using the bathroom to the time we spend in prayer and conversation

with the divine—has the potential to be holy, to be filled with Torah. So whether it is learning a new song, studying with us on Shavuot, or any of the myriad other ways there are to learn, I hope you use that opportunity to think about how even that is a holy act.

We hope that you join us for our 10th grade Confirmation ceremony on May 15; the end of year barbecue on May 17; and Shavuot, with the Tikkun Leil Shavuot May 21 in the evening. I'm excited to teach my responsum that passed the CJLS this year, and I hope that you'll join us for a night of learning (and cheesecake.)

Thank you to our faculty: Mike Benson, Linda Gelfand, Natalie Harrington, Rachel Katz, Peri Orlando, Shari Sabath Phillips, and Rachel Steinberg for a great year. Thank you to our Madrichim: Reina Albert, CJ Aleski, Ben Burak, Lily Gertsman, Allie Karmin, DJ Karmin, Leora Ladley, Noa Ladley, Jacob Steinberg, Lucas Steinberg, and Nora Steinberg. Thank you as well to Ben Benson, and to all of our staff who help keep Beth El running. I also want to thank Sara Stopek and the Education Committee for all their work over this past year. Thank you all!

As we end this school year, we're preparing to start the next one. Registration for next year is now open. You can register here: <https://forms.gle/QFMcK7UpGpnbBbXC9>

Keep on Learning!

—Rabbi Matt Nover, Assistant Rabbi and Education Director

Challenge: Make a Mothers Day card!

Important Dates:

- May 15: Confirmation
- May 17: Last Day of RS
- May 18: Last Day of Hebrew High
- May 21-23 - Shavuot
- June 5: RS Graduation

DEADLINE FOR JUNE SHALOM (written & e-mail):
Mon., May 18

E-MAIL ADDRESS:

tomfodw@mac.com

All handwritten and typed materials should be submitted or faxed to the Beth El office at 609-443-2887 no later than the *1st of the month* (except as noted above). E-mailed materials must also be received by the 1st of the month. **Please e-mail to: tomfodw@mac.com.**

Thank you all for your cooperation. ✨

SYNAGOGUE OFFICE HOURS:

Monday through Thursday—9 a.m. to 5 p.m.
Wednesday (when Religious School is in session)—9:30 a.m. to 6:30 p.m.
Friday—9 a.m. to 2 p.m.
Sunday (when Religious School is in session)—9 a.m. to 12 noon

Contact Beth El by email!

- Rabbi Kornsgold: rabbi@bethel.net
- Rabbi Nover/Religious School: rabbinover@bethel.net
- President: president@bethel.net
- Office: office@bethel.net
- Bookkeeper: bookkeeper@bethel.net
- Seniors: ostrowsky4@aol.com
- Men's Club: mensclub@bethel.net
- Women's League: womensleague@bethel.net
- Publicity: publicity@bethel.net

PLEASE JOIN US!

WEEKDAY MORNING MINYAN
Sunday 8:45 am
Thursday 7:15 am
Start your morning off with prayer!

Donate to Ukrainian Relief Fund!

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JFCS OF GREATER MERCER COUNTY **GIVING MADE EASY**
help here today.

JFCS of Greater Mercer County maintains an on-site pantry and a mobile food pantry which collectively serve almost **2,500 individual EACH MONTH!**

Help keep the JFCS food pantries stocked!

Make a donation through our Amazon Wishlist

President's Message

Nicole Ostrowsky-Fabisch

A synagogue is not defined by its walls, its programs, or even its history alone. It is defined by the individuals and families who walk through its doors, who show up, who care, who participate, and who choose—year after year—to belong. On Saturday, April 18, we were especially honored to recognize those members of our congregation who were marking milestone anniversaries. Whether they joined 13, 18, 25, 36, or even 50 years ago, each of them has helped shape the community we cherish today.

Thinking about what it really means to be a member of a synagogue over time—it means celebrating life's simchas—baby namings, bar and bat mitzvahs, weddings. It also means finding comfort during difficult moments—illnesses and deaths. Further, it means showing up for holidays, for services, for programs, and for one another. And perhaps most importantly, it means helping ensure that the Beth El community will be here for the generations that follow.

To our long-standing members who are our foundation... their commitment and generosity, in and to Beth El have sustained it through change, growth, and challenge. Quite simply, we would not be here without them. Judaism teaches us the importance of *l'dor v'dor*—from generation to generation.



A synagogue is one of the most powerful expressions of that idea. It is where

traditions are passed down, where values are lived, and where community becomes something real and everlasting.

Membership Shabbat was not just about marking a moment in time. Every year of membership represents countless moments—seen and unseen—that have strengthened Beth El. Unfortunately I was not able to attend due to a conflicting personal commitment, so to all

who celebrated a membership anniversary, let me take this opportunity to publicly

thank you for your years of dedication and presence. May we continue to grow together, celebrate together, and support one another for many years to come. Mazel tov!

Speaking of Membership, I would also like to remind everyone of our semi-annual General

Membership Meeting, on Thursday, May 14, at 7:30 p.m., via Zoom. The Board slate and operating budget for fiscal year 2026–27 will be presented for membership review and vote. For details, please see the flyer on p. 5

You will also hear updates from members of the Board of Trustees on their respective portfolios, and additional announcements will be shared. I look forward to seeing everyone in a couple weeks!

—Nicole Ostrowsky-Fabisch,

... **“Judaism teaches us the importance of *l'dor v'dor*—from generation to generation. A synagogue is a powerful expression of that idea. It is where traditions are passed down, where values are lived, and where community becomes real and everlasting.”...**

College Send Off Ceremony May 30—Date Change!

On Saturday, May 30, during 9 a.m. services, we will be having a ceremony for those Beth El students who are starting college in the fall of 2026.

We invite all incoming (and off-going!) college students to join us for a special ceremony.

Mazel Tov to all those graduating from high school in June! ✨

College Grads Ceremony June 13

On Saturday, June 13, during services at 9 a.m., we will honor those who are graduating from college this year. Please join us as we acknowledge those students who have completed an important milestone in their lives. ✨

Synagogue Board Meetings:
Wednesdays, May 6, and June 10, at 8:30 pm (in person and on Zoom)
All congregants are welcome to attend

Shabbat Summer Sermon Series 2026/5786

KAZAM!! It happened again! Its already time to think about Summer Shabbat Sermons.

Congregants are again encouraged to give a sermon during Shabbat services.

The dates:

July 4—Pinchas

July 11—Matot-Masei

July 18—Devarim (Shabbat Hazon)

July 25—Vaet'hannan (Shabbat Nahamu)

Aug. 1—Ekev

Aug. 8—Re'eh

Aug. 15—Shoftim

Aug. 22—Ki-Tetze

Aug. 29—Ki-Tavo

Sept. 5—Nitzavim-Vayeilech

The Guidelines:

Talking about the portion of the week is encouraged but is not mandatory. Some connection to Judaism is expected. The Sermon must be no more than *ten minutes*. New participants are welcome.

Please contact me or the office if you are interested in presenting a sermon. Please advise of preferred date and alternative(s).

Thank you for your participation.

—Andy Granett (agranett@juno.com; 609-426-9427) ✨

Legal Holiday Minyans

At Beth El we continually work to have services as often as possible when the magic number of 10 adults will be present so the needed prayers can be said. Our basic schedule consists of Shabbat Services on Friday Night and Saturday morning. Other regular services are held on Sunday and Thursday mornings and on Monday and Wednesday evenings.

We also have 8:45 a.m. morning services on nine legal holidays:

New Year's Day (January 1, 2026)

Continued on p.4

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Good & Welfare

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Good & Welfare Donations

All cards: Regular condolence, get well, and Mazel Tov—\$4 (\$1 loyalty rewards credit)

Mindy Goldstein Fund, Buchman Memorial Fund, and Stan Aronson Fund—\$4 min. (no loyalty rewards credit)

Appropriate cards for all the life cycle events listed on this page are available by calling me at the phone number above. I look forward to hearing from you.—Tamara ✨

Please note that Women’s League Mazel Tov, Get Well, and Condolence cards cannot be requested, sent, or paid for via the “Donate” button. The “Donate” button is for donations directly to the Synagogue only. Thank you. ✨

Mazel Tov to:

Caryn and Marshall Alter, on the birth of their granddaughter, Naomi Elliott Alter

Beverly and Jerry Cohen, on the birth of their great-grandson, Jacob Eli Yaros

Randy and Sue Gottesman, on the birth of their granddaughter, Audrey Leah Mandell.

Alicia Peller and Herbert Rosengarten, on the birth of their granddaughter, Kira Arlenne Rosengarten

Stacey Wasserman and Ian Zimmerman, and Estelle and Ira Meltzer, on the marriage of their daughter and granddaughter Taylor Wasserman to Brandon Garber

Condolences to:

Magregoir Simeon, on the passing of his father, Roland Simeon, Sr. ✨

Rabbi Kornsgold

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have fun. (For details, please see the flyer on p. 17.)

Leslie joins me in wishing you a meaningful and inspiring Shavuot.

Chag Sameach!

—Rabbi Jay M. Kornsgold ✨



Beth El Synagogue

Beth El is looking for volunteers to help out with our Web site!

- Come and be a part of expanding Beth El’s Web presence.
- Have fun with Web technology and social media such as Facebook and Twitter
- Imagine the wonderful impact you can have on your community
- Always wanted to get involved at Beth El but were looking for the right opportunity? This is it!

Contact Nancy Alter: technology@bethel.net

All levels of experience are welcome!

Visit us at www.bethel.net



Instagram

Tikkun Leyl Shavuot May 21

On Thursday, May 21, services for the first night of Shavuot and Tikkun Leyl Shavuot will be held at 8 p.m. The formal study sessions will end at 12 midnight, but you can come and go as you like.

Rabbi Kornsgold and Rabbi Nover will each teach a class during the first session, and Rabbi Kornsgold will teach during the second session. Those attending will also have the chance to study together in Chevruta (groups).

More details to come on the night of Shavuot. ✨

Holiday Minyans

continued from p. 3

Martin Luther King, Jr. Day (Monday near Jan. 19)

Presidents’ Day (3rd Monday in Feb.)

Memorial Day (last Monday in May)

Juneteenth (June 19)

Independence Day (July 4)

Labor Day (1st Monday in September)

Thanksgiving Day (4th Thursday in November)

December 25

These holidays and associated minyanim are on the Beth El Calendars and are advertised in fliers and newsletters as well as with special e-mail notices to all congregants. ✨

Beth El—Perrineville Jewish Cemetery

Recently several congregants have had general questions about “our cemetery.” This note aims to describe Beth El cemetery and policy.

Beth El Synagogue has shared a rural cemetery with Perrineville Jewish Center (PJC) for over 100 years. The Cemetery is on Route 1 in Perrineville about 5 miles from Beth El Synagogue. It has woods to the north and west and an estate to the east. A parking lot and a small chapel are next to the road, and the cemetery land gently rises behind it. The chapel belongs to PJC.

Plots in the Beth El-Perrineville Jewish Cemetery are not sold. Members of Beth El Synagogue who are in good standing and who have paid off their Building Fund pledge are eligible to be buried there. At time of death, a Perpetual Care Fee is the only charge for the cemetery plot; the fee is currently \$1250 and is assessed to somewhat offset cemetery care into the future.) Plots are assigned by the Cemetery

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Rabbi Jay M. Kornsgold
Rabbi Matthew S. Nover
Nicole Ostrowsky-Fabisch, President

May 1, 2026

Dear Fellow Congregant,

On behalf of the Beth El Board of Trustees (BoT), I would like to encourage you to attend the Beth El Synagogue General Membership Meeting on Thursday, May 14th at 7:30 PM. Meeting will take place on Zoom: <https://zoom.us/j/9729253056>.

The Board slate and operating budget for fiscal year 2026–2027 will be presented for your review and vote. You will also hear updates from members of the Board of Trustees on their respective portfolios, along with additional community announcements.

I look forward to seeing you at the meeting.

Shalom,

Nicole Ostrowsky-Fabisch
President

NOF/rs

50 Maple Stream Road | East Windsor, NJ 08520
Office: 609-443-4454 | Email: office@bethel.net | Website: www.bethel.net



General Membership Meeting

Thursday, May 14

7:30 p.m.

The meeting will be conducted online via Zoom at:

To join a Zoom meeting:

<https://zoom.us/j/9729253056>

Meeting ID# 9729253056

Password 1234

To call in:

Phone: 1-(929-205-6099)

Enter meeting id and password
at the prompts

DONATIONS



שקולה צדקה כנגד כל מצות

Charity is equal in importance to all the other commandments combined.

– Babylonian Talmud, *Bava Bathra 9A***Rabbi Kornsgold's Discretionary Fund:**

Louise, Ari, and Fred Anish In commemoration of the Yahrzeit of their father and grandfather, Leon Anish.
 Marilyn Bellis In honor of the birth of Marshall and Caryn Alter's granddaughter, Naomi Elliott Alter.
 David Grayson and Arlene Swern In honor of the birth of Marshall and Caryn Alter's granddaughter, Naomi Elliott Alter.
 Richard and Joan Kaplan In memory of their mother and mother-in-law, Ethel Kaplan.
 Rose Kornsgold In memory of loved ones for Pesach Yizkor.
 Rose Kornsgold In commemoration of the Yahrzeit of her father, Muni Korntreger.
 Sheryl, Miles, Joshua, and Ethan Martin In commemoration of the Yahrzeit of their father and grandfather, Norman Weiner.
 Ira and Estelle Meltzer In memory of Willa Inlender's mother, Rosina Fernhoff Inlender.
 Gary and Ruth Merves In memory of Karen Brodsky's parents, Paul and Glenda Beller.
 Janice Mironov In commemoration of the Yahrzeit of her mother, Rita Mironov.
 William and Enid Weinstein In honor of Celeste Albert's 20 year anniversary at JFCS.
 William and Enid Weinstein In honor of the birth of Jerry and Beverly Cohen's great grandson, Jacob Eli Yaros.
 Jay Wertheimer In appreciation of Perri and Eric Schein hosting a beautiful Seder for their family and friends.
 Jay Wertheimer In honor of the birth of Marshall and Caryn Alter's granddaughter, Naomi Elliott Alter.

For the Selling of Chametz:

Brian and Celeste Albert	Pam Krieger
Marshall and Caryn Alter	Barbara Kurlan
Louise Anish	Barry and Rosalind Kushner
Cheryl Bardin	David and Tova Ladley
Marilyn Bellis	Jonathan Livstone
Mike and Shari Benson	Michael and Danna Livstone
Steve and Judy Bortnick	Ira and Estelle Meltzer
Murray and Beth Brenman	Gary and Ruth Merves
Mark and Sarah Cheser	Peter Oddo and Marcia Friedman
Jerry and Beverly Cohen	Fred Passman and Willa Inlender
Bill and Carole Dalton	Marc and Trudi Perlman
David and Laurie Edelstein	Craig and Karen Richtman
Jan Edelstein	Norma Saks
Myra Epstein	Jill Sandel
Abram and Elyse Goldfinger	Eugene and Naomi Schwartz
Andy and Ann Granett	Susan Schwirck
David Grayson and Arlene Swern	Len and Sheila Small
Danny Grundel and Fran Kamen	Jonathan and Rachel Steinberg
Roberta Hirshman	Josh and Sara Stopek
Richard and Joan Kaplan	Stephan and Emily Taylor
Sally Katz	Sam and Kate Wasserman
Rabbi Jay and Leslie Kornsgold	Bill and Enid Weinstein
Rose Kornsgold	Ian Zimmerman and Stacey Wasserman
Ron and Rita Kraft	

Rabbi Nover's Discretionary Fund:

Murray Brenman and Beth Ando-Brenman In honor of Pesach 5786
 Joan and Richard Kaplan In memory of Ethel Kaplan

Adult Education:

Rosalind and Barry Kushner In honor of the marriage of Ira and Estelle Meltzer's granddaughter Taylor

Beth El Vegetable Garden (for JFCS Food Pantry Donations):

Beth Weissman In honor of the birth of Naomi Elliott Alter

Choir:

Alicia Peller and Herbert Rosengarten In honor of the birth of Naomi Elliott Alter

Genealogy Group:

Julie and Eliot Feibush In honor of the birth of Naomi Elliott Alter

General Fund:

Ronni Baer and Steven Elmets For the yahrzeit of Daniel Baer
 Anita and Fred Fray In honor of the birth of Naomi Elliott Alter
 Anita and Fred Fray In honor of Mollie Sperling's 100th birthday
 Jamie and Brian Wignall In honor of our 18th wedding anniversary
 Arthur J Gallagher Foundation
 Elyse Millstein For the yahrzeit of Bea Kaplan
 Jamie and Brian Wignall In memory of Roland Simeon, Sr
 Rochelle Anish For the yahrzeit of Leon Anish
 Beth and Murray Brenman Yizkor donation in memory of Alfred and Rachel Ando and Herman and Mina Brenman
 Harriet and Reuel Cramer For the yahrzeit of Chashe Hackman
 Andrew Epstein For the yahrzeit of Daniel Bennett Epstein
 Karen Goldman For the yahrzeits of Joyce and Joseph Braziller
 Eritt and Stuart Goldstein For the yahrzeit of Murray Goldstein
 Ann and Andrew Granett For the yahrzeit of Helen Granett
 Ann and Andrew Granett In memory of Ethel Kaplan
 Joan and Steven Guggenheim For the yahrzeit of Adora Guggenheim
 Joan and Steven Guggenheim In honor of the birth of Jacob Eli Yaros
 Sandra and Martin Halofsky In honor of the birth of Jacob Eli Yaros
 Andrea and Hilary Kaufman For the yahrzeit of Jean Foland
 Fran Kaufman For the yahrzeit of Jerry Kaufman
 Donna and Stan Kaye In honor of the birth of Naomi Elliott Alter
 Gail and Richard Klein For the yahrzeits of Joseph Klein and William Kramberg
 Leonard Klein For Passover Yizkor
 Sonia Kobrin Yizkor donation in memory of loved ones
 Leslie and Rabbi Jay Kornsgold Yizkor donation in memory of Morris Kornsgold
 Jerry Kraft For the yahrzeit of Morris Levine
 Tova and David Ladley
 Susan and Abrey Light For the yahrzeit of Harold Light
 Ruth and Gary Merves For the yahrzeits of Anna and Charles Rosenberg and Morris Karlin
 Howard Meyers For the yahrzeits of Michael Meyers and Jacob and Hannah Migdalovitz

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**Beth El
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SUN

MAY 31

9:30 AM

TO

12:30 PM



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QUESTIONS? CONTACT PAM KRIEGER
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Torah and Tea

Come and enjoy a lively discussion of the Torah portion over dessert, coffee, and tea with Rabbi Kornsgold or Rabbi Nover, as noted.

Classes in May and June: Mondays, 2–3:30 p.m., in person (lunch at 1:30; class starts at 2) and on Zoom:

- May 4—Behar—Bechukotai
- May 11—Bemidbar (Rabbi Nover)
- May 18—Ruth
- June 1—Behaalotecha
- June 8—Shelach
- June 15—Korach
- June 22—Chukat-Balak
- June 29—Pinchas



Liberal Zionism for the 21st Century

Taught by Rabbi Kornsgold.

This course is dedicated to understanding liberal Zionism in this challenging moment. In this course, scholars from the Hartman Institute in Israel offer frameworks to grapple with the contemporary challenges to liberal Zionism, including the dominant critiques against Israel and Zionism post-October 7. Learners will gain a deeper understanding of the key values that animate liberal Zionism and how to approach the core issues that have emerged during these many months of war.

Topics include:

- Understanding Liberal Zionism Today
- The Challenge of Liberal Zionism
- Responding to the Charge that Zionism is a Colonial Project
- Grappling with the Charges of Genocide and Apartheid
- Criticism and Solidarity: Liberal Zionism when Israel Offend
- Compassion for the Other in a Time of War

Each unit includes an article by a Hartman scholar and a podcast conversation between Tal Becker and the author.

This class will meet on Sundays from 9:45–11:30 a.m. (in person and on Zoom): **May 3, 31, June 7.**

The Rabbi's Roundtable (new!)

Join Rabbi Kornsgold for a spirited monthly discussion on current events related to Jews and Israel. Thursdays, 10:30–11:45 a.m. (in person only): **May 14, June 18.**

Exploring the Prophets: Ezekiel

Who are the Prophets? What do they stand for and what can we learn from them? In this course we will examine the second part of the Tanach, the *Neviim* (Books of the Prophets). We are currently on the Book of Ezekiel.

This class will meet one to two times a month on Mondays, from 8:45–10 p.m. (Zoom only): **May 18, June 1, 15, 29.**

Book Club

Beth El's Book Club meets monthly on Sunday mornings at 10 a.m. via Zoom.

Here are this year's dates & books: **May 10:** *Scrolls of Deborah* by Ester Goldenberg; **June 14:** *Maine Characters* by Hannah Orenstein.

For more information, please contact Karen Richtman, purrfekt40@aol.com, 609-426-9437.

Genealogy Club

For more about the Mercer County Jewish Genealogy Society (a member of the International Association of Jewish Genealogical Societies), or if you have any other questions, please email Stacey or Caryn at jewishgenealogy.mercer@gmail.com.

Upcoming Adult Education Schedule

MAY:

- Sat May 2: Shabbat Study Group, 12:45 pm
- Sun May 3: Liberal Zionism, 9:45 am
- Mon May 4: Torah & Tea, 1:30 pm
- Sun May 10: Book Club, 10 am (Zoom)
- Mon May 11: Torah & Tea, 1:30 pm
- Thu May 14: Rabbi's Roundtable, 10:30 am
- Sat May 16: Shabbat Study Group, 12:45 pm
- Mon May 18: Torah & Tea, 1:30 pm
- Mon May 18: Exploring the Prophets, 8:45 pm
- Sun May 31: Liberal Zionism, 9:45 am

JUNE:

- Mon Jun 1: Torah & Tea, 1:30 pm
- Mon Jun 1: Exploring the Prophets, 8:45 pm
- Sat Jun 6: Shabbat Study Group, 12:45 pm
- Sun Jun 7: Liberal Zionism, 9:45 am
- Mon Jun 8: Torah & Tea, 1:30 pm
- Sun Jun 14: Book Club, 10 am (Zoom)
- Mon Jun 15: Torah & Tea, 1:30 pm
- Mon Jun 15: Exploring the Prophets, 8:45 pm
- Thu Jun 18: Rabbi's Roundtable, 10:30 am
- Sat Jun 20: Shabbat Study Group, 12:45 pm
- Mon Jun 22: Torah & Tea, 1:30 pm
- Mon Jun 29: Torah & Tea, 1:30 pm
- Mon Jun 29: Exploring the Prophets, 8:45 pm

Shabbat Study Group meets after services

The Shabbat Study Group meets in person Saturdays at 12:45 p.m. following select Shabbat services. Check above or see the calendars on pp. 18–19 for dates.

Werner Lecture Fund

The Werner Lecture Fund is looking for new members. Please join us in planning and running our varied events. Contact June Newman at junewman239@gmail.com.

The Werner Lecture Fund has a new email address: wernerlecture@gmail.com.

From American Jewish University

Introducing the Miller Intro Signature Series—an expanded, all-access way to experience the 18-week journey. It is a deeper, more immersive way to step into Jewish life—guided by a cohort of rabbis—Rabbi Janice Mehring, Rabbi Adam

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JULY & AUGUST LEAGRAMS

HERE ARE THE LEAGRAMS FOR JULY & AUGUST

The list is published every other month to help you avoid all of the small checks. If you prefer to pay monthly of course you may do so, but you must keep the list and mail it to Elizabeth Frenkel at the appropriate time. Thanks.

This is your July & August Birthday and Anniversary list. Please check the box by the name/names to whom you wish to send a personalized LEAGRAM.

Send the completed form **WITH A CHECK MADE PAYABLE TO BETH EL SISTERHOOD** to:
Elizabeth Frenkel, 50 Brooklawn Dr, East Windsor, NJ 08520.

A check must accompany this sheet in order for the LEAGRAM TO BE SENT. *PLEASE DO NOT SEND IT TO THE SYNAGOGUE.*

JULY LEAGRAMS DUE THE 15TH OF JUNE.



JULY LIST

JULY BIRTHDAYS

- 2 Alicia Peller
- 4 Dana Ladic
- 6 Brian Wignall
- 7 Sarah Cheser
- 7 Karen Miller
- 7 Kenneth Newman
- 7 Paul Stollman
- 9 Daniel Cooperberg
- 9 Ira Meltzer
- 9 Trudi Perlman
- 9 Jonathan Steinberg
- 12 Aimee Blum
- 15 Elyse Goldfinger
- 15 Michael Rothstein
- 15 Amy Schechter
- 15 Rachel Steinberg
- 16 Marc Plawner
- 17 Joan Guggenheim
- 17 Emily Josephson
- 18 Daniel Burak
- 18 Naomi Schwartz
- 19 Judith Baskin
- 19 Adam Jurin
- 20 Roberta Hirshman
- 20 Jan Wagner
- 21 Jacob Gertsman
- 21 Roberta Goldberg
- 21 Joel Pomeranz
- 24 Esther Schlesinger
- 25 Lew Meixler
- 26 Julie Feibush
- 28 Marshall Alter
- 28 Ariel Baruch
- 28 David Lewanda
- 28 Mitchell Nock
- 28 Jay Wertheimer
- 30 Magreoir Simeon
- 31 Martin Appelsohn
- 31 Eric Blum
- 31 Joan Kaplan

JULY ANNIVERSARIES

- 2 William Damon & Leah Best Damron
- 4 Tamara & Stuart Ostrowsky
- 5 Wendy & Joseph Rotella
- 9 Eric & Aimee Blum
- 9 Franklin & Caryn Myers
- 13 Tova & David Ladley
- 13 Matthew & Heather Nover
- 13 Craig & Karen Richtman
- 13 Eric & Jodi Steinberg
- 18 Andrew & Ann Granett
- 25 Michael & Danna Livstone
- 28 Jonathan & Rachel Steinberg
- 31 Jeff & Janet Golden
- 31 Arthur & Laura Salisch

AUGUST LIST

AUGUST BIRTHDAYS

- 2 Sue Gottesman
- 2 Jerome Hirshman
- 2 Johanna Weiner
- 3 Andrea Kaufman
- 5 Joan Freeman
- 5 David Karmin
- 5 Enid Weinstein
- 6 Jessica Brimmer
- 7 Elizabeth Frenkel
- 7 Daniel Goemaat
- 8 Stacey Wasserman
- 8 Beth Weissman
- 9 Sharon Brimmer
- 11 Douglas Mollin
- 12 Rebecca Harris
- 12 Renee Kugel
- 13 Evan Benson
- 13 Benjamin Benson
- 13 Wendy Davner
- 14 Louis Pagan
- 14 Sheila Small
- 15 Rita Millner
- 15 Franklin Myers
- 15 Caryn Myers
- 16 Ira Cutler
- 16 Tamara Ostrowsky
- 17 David Platt
- 19 Arielle Friedell
- 21 Iris Adirim
- 21 Stacey Karp
- 22 Jeffrey Kaplan
- 22 Fred Passman
- 22 Simon Rosof
- 22 Dora Schnur
- 25 Arthur Salisch
- 25 Gail Sokoloff
- 27 Erritt Goldstein
- 28 Lesley Pomeranz
- 29 Robert Blitzer
- 29 Sally Katz
- 30 Heather Nover

AUGUST ANNIVERSARIES

- 3 Eric & Nora Matlin
- 5 Michael & Kate Gordon
- 7 Barry & Rosalind Kushner
- 8 Leonard & Sheila Small
- 11 Robert Schweitzer & Andrea LoPresti
- 13 Jerome & Dorothy Hirshman
- 16 Shari & Michael Benson
- 16 Richard & Joan Kaplan
- 18 Steve & Nurit Binenbaum
- 22 Jennifer & Jacob Gertsman
- 22 Danny Grundel & Francine Kamen
- 22 Lew & Deb Meixler
- 25 Amy & Adam Mandelbaum
- 29 Brian & Jill Chevin
- 29 Andrea & Hilary Kaufman
- 29 Daniel & Corinne Rushefsky
- 30 Paul & Zelda Stollman



At \$1.50 per Leagram, my total is \$ _____. At \$.50 Loyalty Reward, my total reward is \$ _____

Leagrams can be purchased for everyone for the whole year for a single \$400 payment.

Your name(s) as you wish the LEAGRAM signed _____



Beth El Synagogue Men's Club

I would like to thank everyone who made a donation to the Yellow Candle Program this year. Through these donations, we are able to keep providing candles for the congregation for Yom HaShoah every year. Also I want to recognize Trudi Perlman and Marylin Bellis and team for a really meaningful Yom HaShoah program this year.

While we don't have any official programs in May, we can start planning for Deli Night and the Essen and Fressen contribution to ABC Shabbat in June. If you would like to help the team, please let me know.

Northern New Jersey Region Men's Club is running a Go Kart program on Wednesday, May 13, in Edison, for \$40. They did it last year, and it looks like a lot of fun and a great way to meet other guys from the Region.

In more Regional news, the Quad Region Retreat will be held the weekend of June 12-14. Guys will come together for Shabbat and a lot of fun in a great setting. The cost for first-time attendees is only \$195 and \$295 for everyone else.

Marshall Alter continues to hold a monthly Yoga class, which is another great way to unwind (for dates and times, please check the monthly calendars on pp. 18-19). Let us know if you are interested.

For information on these programs and so much more, please check out the website at nnjr.org.

—Brian Albert and Bob Held,
Men's Club Co-Presidents ♣



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PURCHASE E-GIFT CERTIFICATES ONLINE!

Not everyone can get to the Synagogue office or see Cheryl to purchase gift certificates, so you go to the store to pick them up. Unfortunately, if you do this, Sisterhood does not get the benefit!

However, if you log on to Raiseright.com and enter **CODE:EEEE3E1959L3**, you can order, pay, and immediately receive a printable e-gift certificate while benefiting Sisterhood! You need to create an account and link a payment method. Charge cards will incur a fee, but if you link a bank account, there is a flat rate (for any size order) of only 29 cents! I cannot tell you how handy this has become when I completely forget a birthday or anniversary! You have the option to print the certificate, enclose it in a card and send, OR email it to the recipient of the gift!

The discount on the cards is given directly to Sisterhood. Purchasers pay and receive face value—if you pay \$50, you receive a \$50 card.

THE ONLY CAVEAT IS THAT DUE TO KASHRUTH AS REQUESTED BY RABBI KORNSGOLD, PLEASE DO NOT ORDER RESTAURANT GIFT CERTIFICATES. SUPERMARKETS, WAWA, DUNKIN DONUTS, STARBUCKS, QUICK CHECK, 7 ELEVEN (and some others) ARE OKAY BUT RESTAURANTS ARE NOT. PLEASE BE RESPECTFUL OF THIS REQUEST.

If you have any questions, email Cheryl Bardin (cbardin768@gmail.com) or Ellen Botwin (ebotwin@gmail.com).

Enjoy and thank you!

From the Women's League



Attendees at the paid up Women's League Brunch



The present Women's League Board.

Back row: Fran Kamen, co-chair Shiva meals, Denise Brand, Torah Fund, Cheryl Bardin, Financial, Shira Leeds, College Kids

Front row: Tamara Ostrowsky, Good & Welfare, Beth Frankel, Leagrams, Jennifer Gertsman, Treasurer, Shari Benson, President, Enid Weinstein, co-chair Shiva meals, Karen Abrams, Membership VP

Not shown: Ellen Botwin, Stacey Karp, Elaine Schwartz.

No fee for charging food gift cards

Thank you so much to those of you who have been purchasing food gift certificates to meet your obligation. However, there is no need to stop buying them once you've reached your obligated amount. You can absolutely switch to charge cards. Women's League does not charge 3% extra for the gift cards. If you're now looking to get your points, rewards or miles, you can certainly still do that by charging your ShopRite or McCaffrey's. Call Cheryl at 448-7860 for additional information. ♣

Do You Love Getting Refunds?

Did you know that Women's League loves to give you money? Here is all you need to do. Beth El Women's League offers non-grocery store gift cards that are easy for you to use. They all qualify for our Loyalty Rewards Money Back plan. Just earn \$30 in loyalty rewards and you will get 1/3 of that back in a check at the end of each year. Here's an example—if you buy \$100 in Barnes & Noble gift cards, \$8 in loyalty rewards goes to your account. At the end of the year, you will receive \$3.33 for every \$10 of loyalty rewards that you earned. That's better than any credit card money-back offer and gives benefits to Beth El, too.

Women's League uses all the monies it earns to provide programs for the Synagogue (Shabbat luncheons or Kiddush), and to purchase and maintain equipment for the kitchen and the building (a new refrigerator or a new lawnmower.) Every dollar is really appreciated and provides much-needed funds for our synagogue.

Here are just a few of the stores we carry:

Amazon, Barnes & Noble (great teacher gifts); Bath & Body Works; CVS; Dunkin Donuts (great teacher gifts); Gap/ Banana Republic/Old Navy; Gymboree; Home Depot; Kohls, Lands' End (order online); Lowe's; Macy's; Pottery Barn/Willams-Sonoma (great wedding gifts); Staples (for all those office needs); Starbucks; TJ Maxx/ Marshalls/Homegoods (great stores for great savings); Target (everyone loves Target!)

Are you ordering online from Amazon, Barnes & Noble, Pottery Barn, etc? Before you touch that "Add to my cart" button, check us out. Beth El Women's League can offer you gift cards that are no more difficult than using your credit card. Sure, you lose a few airplane or reward miles, but think of how much your purchase will mean to the Synagogue.

If these stores interest you, please contact Cheryl Bardin at 448-7860 or cbardin768@gmail.com or Jennifer Gertsman at 917-301-6114 or jfgerstman@yahoo.com, and we will help you with all your gift card needs. ♣

Tell Women's League when you're ill

Just as Women's League provides candlesticks or kiddush cups to the Synagogue's *b'nai* and *b'not mitzvah*, baby books to new parents, and Shiva meals to mourners, Women's League also provides a gift card to Barnes & Noble and its wishes for *refuah shlema* to anyone who is seriously ill or has had significant surgery—but we have to know that you are ill or have had surgery. When you or your family member notify either Rabbi Kornsgold or Rabbi Nover about your illness or surgery, please also take a moment to notify Women's League, or ask either of the Rabbis to do so on your behalf. Anyone in Women's League can be notified, but an e-mail to Tamara Ostrowsky at ostrowsky4@aol.com is the most efficient notice. Thank you. ♣

Women's League Leagrams

Sometimes we are just so busy, we forget to wish a friend or acquaintance a happy birthday or anniversary. We don't have the time to buy the card. We don't have the time to mail it or it's left on the counter, forgotten.

Women's League takes the worry away! If you'd like to wish a Beth El member a happy birthday or anniversary, all you have to do is fill out the Leagram form and send it to Beth Frenkel! Members of Women's League earn 50¢ in Loyalty Rewards for every card sent. This can add up and is counted toward your total Loyalty Rewards.

Simply fill out the form found on p. 9 of the *Shalom* every other month (also available on the rack on the wall outside the Synagogue office) or print out the attachment found in the weekly online newsletter. Send it along with your check (payable to Beth El Synagogue) to Beth Frenkel, 50 Brooklawn Dr, East Windsor, NJ 08520, by the 15th of every month. Cards are sent out a few days prior to the event. No fuss, no worry—we do it all for you! ♣



The Beth El Seniors of Beth El Synagogue

Invite You to Our Next Meeting (open to the public)



Food and a Flick!

Thursday, May 28

12:30 PM

Join us for a viewing of:

"The American President"

The American President is a 1995 American political romantic comedy drama film written by Aaron Sorkin, directed by Rob Reiner, and starring Michael Douglas and Annette Bening.

Lunch at 12:30 and show at 1:15 p.m.

Lunch will be provided with a couvert of \$5 payable by check to Beth El Seniors and sent to

*Beth El Synagogue,
50 Maple Stream Rd., East Windsor, NJ, 08520*

Please RSVP (required) to the synagogue by May 22: 609-443-4454.



Beth El Seniors

Hello, everyone. Happy Spring! I hope this finds everyone well.

My thanks to Emily Schuman for her presentation of True Heros of the Holocaust on April 23rd. It was a very interesting and informative presentation. All of us in attendance learned a lot about survival during those bleak times.

Hazak Shabbat will take place on Saturday, May 16. I hope you will all join us as we lead Shabbat services that day. There will be a Kiddush luncheon afterward.

The final regular program of the year, "Food and a Flick," will take place on Thursday, May 28. I had a list of possible movies, but hadn't decided on one when Rob and Michele Reiner so tragically lost their lives. In their memory, and as a salute to them, I selected Rob Reiner's movie *The American President*, with Michael Douglas and Anne Benning and an all-star cast. The couvert for lunch will be \$5, to help offset some of the cost of the food. Lunch is scheduled for 12:30 p.m., and showtime will be 1:15.

Reservations are a must. You can make your reservation either by emailing the synagogue at office@bethel.net, calling the synagogue office at 609-443-4454, or by mailing your check, made payable to the Beth El Seniors, to the synagogue, 50 Maple Stream Road, East Windsor 08520, with the notation "Food and a Flick" in the memo line. If you do call in or email your reservation, the couvert will be collected at the door. The flyer is on p. 12.

The final program of the year will be the Opera Gala, on Sunday, June 14. The theme this year will be "Operatic Meetings and Partings." Tickets are \$20 each. The flyer is on p. 20. Your reservation will be your ticket. As with "Food and a Flick," you can make your reservation either by emailing the Synagogue at office@bethel.net, calling the Synagogue office at 609-443-4454, or by mailing your check, made payable to the Beth El Seniors, to the synagogue, 50 Maple Stream Road, East Windsor 08520, with the notation "opera" in the memo line. If you do call in or email your reservation, the ticket payment will be collected at the door.

Our meetings are open to everyone, whether you are a member or not, although we would love to have you officially join us.

Dora and I wish you all a pleasant spring, and look forward to seeing you at Hazak Shabbat, Food and a Flick, and the opera.

B'Shalom,

—Tamara Ostrowsky,
ostrowsky4@aol.com ✪

Rosh Chodesh Group meets May 17

The Rosh Chodesh Group enjoyed a very successful Rosh Chodesh Shabbat on Rosh Chodesh Iyar on Friday, April 17. We had many women leading parts of the Kabbalat Shabbat and evening service, and everyone joined for a yummy Chinese food dinner afterwards. Thank you to all who participated!

We are currently working on next year's calendar as well as plans for our next meeting on Rosh Chodesh Sivan. The date and time have not yet been determined. Please contact Danna at drlivstone@gmail.com for details.

The group will meet for Rosh Chodesh Tamuz at 7 p.m. on Sunday, June 14.

We are especially happy to encourage women and girls (ALL Jewish women--you don't have to attend Rosh Chodesh Group to participate) who haven't done this before but are feeling brave enough to try!

If you can help with setting tables, heating food, cleaning up, or shopping for the dinner, please let Danna <drlivstone@gmail.com> know.

Would you like to receive regular emails from Rosh Chodesh group (generally 1–2 a month)? Let Danna <drlivstone@gmail.com> know and she will add you to the list!

Now entering its seventh year, our Rosh Chodesh Group is open to all women post-Bat Mitzvah age! We have wonderful women of different generations and backgrounds at our events, whether in person or virtual. It is an opportunity to share, learn, and celebrate the new month together.

Some of our meetings are virtual, some are in person, so please get on our email list to find out which are which. There is no obligation to attend every meeting—come when you want to, skip when you want to!

Here are our remaining scheduled meetings:

May—details TBD

Sunday, June 14—7 p.m. ✪



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If you are ill

Reminder: If you or a member of your family is ill or in the hospital, please call the Synagogue Office (609-443-4454) to let us know, otherwise our clergy will not know about your situation—due to privacy regulations, hospitals are prohibited from informing us about their patients. Please let us know if someone in the family is ill. Thanks.

(For information about our member *Bikur Cholim* program, please see "Reaching Out to The Ill" on p. 21, 26) ✪

ISRAEL AFFAIRS



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For more information on the Fuchsberg Jerusalem Center and how to support it, call Ron Friedman, 646.519.9260 or e-mail, friedman@uscj.org
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The Beth El Seniors of Beth El Synagogue

Invite You to

HaZak Shabbat

Saturday, May 16, 2025, at 9:00 AM

a Shabbat service to honor the Seniors
of Beth El Synagogue



חזק Hazak

Wisdom Maturity Looking Ahead



Be a Minyan Maker—We'd Love to See You!

Our congregants rely on Beth El to provide weekday services with a Minyan, the minimum of 10 Jewish adults needed to say Kaddish and some other prayers. It has been a challenge, but we appreciate those who have been able and willing to come to services to help.



Each week, we ask a small group of members to attend at least one of the weekday Minyan services (also, please see the list of Legal Holiday Minyans on p. 3). If you are in a position to attend in person, could you possibly attend one of the services in the upcoming weeks? Please let us know if you're planning to attend, so that we may plan accordingly and reach out to others if it looks like we will need more to ensure a Minyan.

Evening services usually take less than half an hour.

If it is "your" week (see below), we ask that you find time to attend one of the following services. If you cannot work it into your schedule this week, remember that your presence is always welcome at any time throughout the year. We'd love to see you...again!

If you have any questions, you are welcome to contact minyan@bethel.net.

Daily Minyan Times: Sunday: 8:45 a.m.; Mondays & Wednesdays: 8 p.m.; Thursday: 7:15 a.m. (7 a.m. on Rosh Chodesh). For holidays and other occasions, please see the calendars on pp. 18-19.

If you can't make it this week, join us next week... or some other time that's more convenient!

Thank you.

—The Beth El Minyan ❖

Each week we have traditionally asked a small number of congregants to help make that Minyan—here are the groups for the upcoming weeks (Sunday-Shabbat):

Apr 27–May 4	Bershad–Cohen
May 5–11	Cohen–Genek
May 12–18	Gertsman–Herschorn
May 19–25	Hirschman–Koltz
May 26–Jun 1	Korbman–Luger/Bernstein
Jun 2–8	Marder–Passman/Inlender

Jun 9–15	Pedovitch–Sachs
Jun 16–22	Sachs–Stein
Jun 23–29	Steinberg–Wolfe
Jun 30–Jul 6	Abbott–Berman
Jul 7–13	Bershad–Cohen
Jul 14–20	Cohen–Genek
Jul 21–27	Gertsman–Herschorn
Jul 28–Aug 3	Hirschman–Koltz
Aug 4–10	Korbman–Luger/Bernstein
Aug 11–17	Marder–Passman/Inlender
Aug 18–24	Pedovitch–Sachs
Aug 25–31	Sachs–Stein
Sep 1–7	Steinberg–Wolfe
Sep 8–14	Abbott–Berman
Sep 15–21	Bershad–Cohen
Sep 22–28	Cohen–Genek
Sep 29–Oct 5	Gertsman–Herschorn
Oct 6–12	Hirschman–Koltz
Oct 13–19	Korbman–Luger/Bernstein
Oct 20–26	Marder–Passman/Inlender
Oct 27–Nov 2	Pedovitch–Sachs
Nov 3–9	Sachs–Stein
Nov 10–16	Steinberg–Wolfe
Nov 17–23	Abbott–Berman
Nov 24–30	Bershad–Cohen
Dec 1–7	Cohen–Genek
Dec 8–14	Gertsman–Herschorn
Dec 15–21	Hirschman–Koltz
Dec 22–28	Korbman–Luger/Bernstein
Dec 29–Jan 4 2027	Marder–Passman/ Inlender

Jan 5–11	Pedovitch–Sach
Jan 12–18	Sachs–Stein
Jan 19–25	Steinberg–Wolfe
Jan 26–Feb 2	Abbott–Berman ❖

Remember:

- ❖ You may come any day in addition to the week assigned.
- ❖ You may bring any family members or friends.
- ❖ Women, men & youths over 13 count for the Minyan.
- ❖ You earn Mitzvah credits! (From a Higher Authority.)
- ❖ People will be available when you need a Minyan.
- ❖ Saying Kaddish helps elevate a loved one's soul to a higher plane. (Yours too!) Thank you all! ❖

Service Leaders

Brian Albert, Class Aleph/Bet, Caryn Alter, Evan Benson, Laurie Bershad, Judy Bortnik, Ben Burak, Madeline Burak, Larry Epstein, Beth Frenkel, Rachel Goematt, David Grayson, Natalie Harrington, Rachel Katz, Sonia Kobrin, Leslie Kornsgold, Rabbi Jay Kornsgold, Rita Kraft, Pam Kreiger, Jack Ladley, Leora Ladley, Noa Ladley, Tova Ladley, Danna Livstone, Lynn Mitchell, Rabbi Matt Nover, Fred Passman, Wendy Rotella, Shari Sabath, Sara Shecker, Jonathan Steinberg, Rachel Steinberg, Bill Weinstein ❖

TREE OF LIFE

Thank you to all those members who have decided that adding a leaf to the Tree of Life was a good idea for themselves and their families. Not only is the inscription "front and center" at the synagogue, it is there forever.

Please consider buying a leaf so that the Tree can continue to grow to its full capacity. Call the synagogue office at 609-443-4454 for details. ❖

Celebrate Your Birthday & Anniversary at Beth El

We will continue to offer a special prayer on the second Friday of each month and the fourth Saturday morning of each month for all those children and adults celebrating a birthday and/or anniversary during that particular month.

What a wonderful way to celebrate these happy times in our lives by attending services, giving thanks to God and coming together with your Beth El family.

For those celebrating birthdays and/or anniversaries in **May and June**, we look forward to welcoming you to services on: **Friday, May 8, and Saturday, May 23**; and **Friday, June 12, and Saturday, June 27!** ❖



Volunteer to Lead

The Ritual Committee is always pleased when people express an interest in leading services or chanting a Torah *Parshah* or a *Haftarah*. If you have any interest, please contact Rabbi Nover about leading Shacharit or *leyning* (chanting) a part of the Torah—or doing other parts of the service.

Contact Barbara Kurlan (448-8783) or Larry Epstein (642-6543) to schedule a *Haftarah*.

Please note that we may have to make last-minute alterations to a service but we try to honor requests made in advance. ❖



BETH EL'S

BBQ & GAME DAY

Celebrate the beginning of summer with your Beth El Family.
Enjoy a delicious BBQ and a fun family friendly afternoon.

BBQ Admission:

*FREE Admission for Beth El Religious School Students in Torah For
Tots through 7th Grade*

\$18 per adult
\$12 per child (4 yrs-12 yrs of age)

Games and Activities are FREE and open to everyone

SUNDAY, MAY 17, 2026
11 AM - 2 PM

RSVP
By: Wednesday, May 13, 2026

QUESTIONS
office@bethel.net


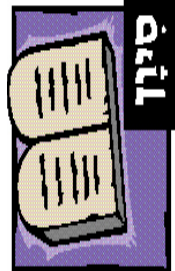






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MAY 2026

Iyar/Sivan

5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Minyan, 8:45 am Religious School, 9 am Torah for Tot's, 9 am Liberal Zionism, 9:45 am (in-person and on Zoom) Kol Israel Communities in Learning, 1:30 pm (Zoom)</p>	 <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Hebrew High, 6:25 pm Zayin Invitational, 6:25 pm Ritual Committee, 8:30 pm (Zoom) At night, count Omer 33</p>	<p>Lag B'Omer Holy Rollers, 12:30 pm Lag B'Omer Family Program, 5:30 pm At night, count Omer 34</p>	<p>Religious School, 4:30 pm Synagogue Board, 8:30 pm At night, count Omer 35</p>	<p>Minyan, 7:15 am Women's League Board, 7:30 pm Young Family Task Force, 7:30 pm (Zoom) Virtual Tours of Jewish World series, 8:30 pm (Zoom) At night, count Omer 36</p>	<p>Pesach Sheni Shabbat Service, 6 pm At night, count Omer 30 7:35 p.m., 14</p> 	<p>Saturday Morning Service, 9 am Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon, 12:15 pm Shabbat Study Group, 12:45 pm <i>Emor</i> Shabbat ends, 8:35 pm At night, count Omer 31</p>
<p>Minyan, 8:45 am Mothers Day Religious School, 9 am Book Club, 10 am (Zoom) At night, count Omer 39</p>	<p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Hebrew High, 6:25 pm Zayin Invitational, 6:25 pm At night, count Omer 40</p>	<p>Confirmation Class Trip At night, count Omer 41</p>	<p>New Jersey Rabbinical Assembly Meeting, 10 am Religious School, 4:30 am Choir Practice, 7:30 pm At night, count Omer 42</p>	<p>Minyan, 7:15 am The Rabbis Roundtable with Rabbi Kornsgold, 10:30 am (in person only) General Membership Meeting, 7:30 pm At night, count Omer 43</p>	<p>Yom Yerushalayim Shabbat Service, 6 pm Religious School Confirmation, 7 pm Confirmation Dinner, 7:15 pm At night, count Omer 44 7:49 p.m., 22</p> 	<p>Shabbat Service, 9 am Hazak Shabbat, Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon sponsored by Beth El Seniors Group, 12:15 pm Shabbat Study Group, 12:45 pm <i>Mevarchim / B'ritbar</i> Shabbat ends, 8:49 pm At night, count Omer 45</p>
<p>Minyan, 8:45 am Rosh Chodesh Sivan Last Day of Religious School, 9 am Youth Field Day Torah for Tot's, 9 am Congregational Picnic, 11 am Rosh Chodesh Group, TBD At night, count Omer 46</p>	<p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Last Day of Hebrew High, 6:25 pm Exploring the Prophets, 8:45 pm (Zoom) At night, count Omer 47</p>	<p>Jewish Community Foundation of Greater Mercer Annual Life and Legacy Celebration, 6 pm At night, count Omer 48</p>	<p>Choir Practice, 8:30 pm At night, count Omer 49</p>	<p>Minyan, 7:15 am Erev Shavuot Synagogue Office closes, 2 pm Light Candles, 7:54 pm Tikun Leyl Shavuot, 8 pm Shavuot Evening Service, 8 pm 5</p>	<p>Shavuot, Day 1 Synagogue Office Closed Shavuot Services, 9:30 am Shabbat/Shavuot Services, 7:30 pm 7:55 p.m., 17</p> 	<p>Shavuot, Day 2 Shabbat Service, 9 am May Birthdays and Anniversaries <i>Shavot</i> <i>Yizkor</i> Holiday and Shabbat end, 8:55 pm</p>
<p>Minyan, 8:45 am USY & Family Day @ Phillies vs Guardians game, Citizens Bank Park</p>	<p>Minyan, 8:45 am Memorial Day Synagogue Office closed</p>	<p>Men's Club Yoga with Marshall Alter, 7:30 pm At night, count Omer 48</p>	<p>Minyan, 8 pm</p>	<p>Minyan, 7:15 am Seniors meeting, 12:30 pm Sulam meeting, 7:30 pm Education Committee, 7:30 pm (Zoom)</p>	<p>Shabbat Service, 6 pm 8:01 p.m., 14</p> 	<p>Shabbat Service, 9 am Baby Naming of Chloe Nina Abbott College Send-Off Shabbat Junior Congregation, 10:30 am <i>Maso</i> Shabbat Ends, 9:01 pm</p>
<p>Minyan, 8:45 am End of Year Joint USY Fundraising Trip (event TBD) Art Sale, 9:30 am Liberal Zionism, 9:45 am (in-person and on Zoom)</p>	<p>Minyan, 8 pm</p>	<p>Men's Club Yoga with Marshall Alter, 7:30 pm At night, count Omer 48</p>	<p>Minyan, 8 pm</p>	<p>Minyan, 7:15 am Seniors meeting, 12:30 pm Sulam meeting, 7:30 pm Education Committee, 7:30 pm (Zoom)</p>	<p>At night, count Omer 30 7:35 p.m., 14</p>	<p>At night, count Omer 30 7:35 p.m., 14</p>

MAY 2026 CANDLE LIGHTING

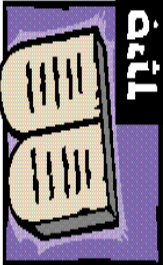









SHABBAT	
FRI MAY 1	7:35 PM
FRI MAY 8	7:42 PM
FRI MAY 15	7:49 PM
FRI MAY 22	7:55 PM
FRI MAY 29	8:01 PM

SHAVUOT	
THU MAY 21	7:54 PM

APRIL 2026				
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

JUNE 2026					
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13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Minyan, 8:45 am USY End of Year Trip Liberal Zionism, 9:45 am (in person & Zoom) Sharim v'Sharot Concert, 3 pm Men's Club Deli Night, 6 pm</p>	 <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>		<p>Ritual Committee, 8:30 pm (Zoom)</p>	<p>Minyan, 7:15 am Women's League Board, 7:30 pm</p>	<p>Shabbat Service, 6 pm Religious School Graduation, 7 pm Graduation Dinner, 7:15 pm</p> 	<p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Hot Shabbat, 10:30 am Kiddush Luncheon, 12:15 pm Shabbat Study Group, 12:45 pm Beha alotecha Shabbat ends, 9:06 pm</p>
<p>16</p> <p>Minyan, 8 pm</p>	<p>17</p> <p>Minyan, 8 pm</p>	<p>18</p> <p>Minyan, 8 pm</p>	<p>19</p> <p>Minyan, 7:15 am</p>	<p>20</p> <p>Shabbat Service, 6:15 pm Shabbat on the Lake, 5:30 pm June Birthdays and Anniversaries</p> 	<p>21</p> <p>Shabbat Service, 9 am College Grad Shabbat Junior Congregation, 10:30 am Mevarchim / Shelach Shabbat ends, 9:10 pm</p>	
<p>22</p> <p>Minyan, 8:45 am</p> <p>Book Club, 10 am (Zoom) Seniors Afternoon of Opera, 3 pm Rosh Chodesh Group, 7 pm</p>	<p>23</p> <p>Minyan, 8 pm</p> <p>Rosh Chodesh Tamuz Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>24</p> <p>Minyan, 8 pm</p>	<p>25</p> <p>Minyan, 8 pm</p>	<p>26</p> <p>Minyan, 7:15 am</p> <p>Calendar Meeting, 7 pm</p>	<p>27</p> <p>Minyan, 8:45 am</p> <p>Juneteenth Synagogue Office closed</p> <p>Shabbat Service, 6 pm Board Installation, 6 pm 8:12 pm</p> 	<p>28</p> <p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Hot Shabbat, 10:30 am Kiddush Luncheon sponsored by Pam Krieger and Stan Krieger in honor of Pam completing travel to all 50 states, 12:15 pm Shabbat Study Group, 12:45 pm Korach Shabbat ends, 9:12 pm</p>
<p>29</p> <p>Minyan, 8:45 am</p> <p>Fathers Day</p>	<p>30</p> <p>Minyan, 8 pm</p> <p>Minyan, 8:45 am</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>1</p> <p>Minyan, 8 pm</p>	<p>2</p> <p>Minyan, 8 pm</p>	<p>3</p> <p>Minyan, 7:15 am</p> <p>Sulam meeting, 7:30 pm</p>	<p>4</p> <p>Board Installation, 6 pm 8:12 pm</p> <p>Shabbat Service, 9 am Afuluf of Michael Meiskin and Isabel Josephson June Birthdays and Anniversaries Junior Congregation, 10:30 am Kiddush Luncheon sponsored by Stephanie Cayne-Mayer in honor of the Afuluf of Michael Meiskin and Isabel Josephson Chukat-Balak Shabbat Ends, 9:13 pm</p> 	<p>29</p> <p>Minyan, 8:45 am</p>
<p>6</p> <p>Minyan, 8:45 am</p>	<p>7</p> <p>Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>8</p> <p>Minyan, 8 pm</p>	<p>9</p> <p>Minyan, 8 pm</p>	<p>10</p> <p>Minyan, 7:15 am</p>	<p>11</p> <p>8:13 p.m.</p>	<p>26</p> <p>Shabbat Service, 9 am Afuluf of Michael Meiskin and Isabel Josephson June Birthdays and Anniversaries Junior Congregation, 10:30 am Kiddush Luncheon sponsored by Stephanie Cayne-Mayer in honor of the Afuluf of Michael Meiskin and Isabel Josephson Chukat-Balak Shabbat Ends, 9:13 pm</p> 
<p>13</p> <p>JUNE 2026 CANDLE LIGHTING SHABBAT</p>  <p>FRI JUNE 5 8:06 PM FRI JUNE 12 8:10 PM FRI JUNE 19 8:12 PM FRI JUNE 26 8:13 PM</p>	<p>14</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>15</p>			<p>12</p> <p>8:13 p.m.</p>	<p>27</p> <p>Shabbat Service, 9 am Afuluf of Michael Meiskin and Isabel Josephson June Birthdays and Anniversaries Junior Congregation, 10:30 am Kiddush Luncheon sponsored by Stephanie Cayne-Mayer in honor of the Afuluf of Michael Meiskin and Isabel Josephson Chukat-Balak Shabbat Ends, 9:13 pm</p>
					<p>31</p>	<p>JULY 2026</p> <p>1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</p>



The Beth El Seniors of Beth El Synagogue
Invite You to Our Annual Opera Gala entitled



Meetings and Partings

Sunday, June 14
3 PM

Featuring operatic arias, duets, and ensembles by
Bellini, Bizet, Carpentier, Giordano,
Mozart, Massenet, Portman, Puccini, Tchaikovsky,
and Verdi

performed by
Bethann Dilione, soprano
Eve Edwards, soprano
Cecelia Kepping, soprano
Dora Schnur, soprano
Alicia Melendez, mezzo soprano
Brittany Morgan, mezzo soprano
Clifford Bechtel, tenor
Chris Lorge, tenor
Chaka Allen, baritone

with Joseph Krupa at the piano

Reservations required by June 10th
\$20 / person (no walk ins)
Please call Synagogue Office at 609-443-4454.
Checks will hold reservations and
should be made out to Beth El Seniors with OPERA
written in memo space & must be sent to
Beth El Synagogue,
50 Maple Stream Rd., East Windsor, NJ, 08520
Open to the Community



Social Action

—Peri Orlando (perirorlando@gmail.com)
 Rachel Goemaat (rgoemaat@gmail.com),
 Co-Chairs

Social Action Committee Seeks New Members

Beth El's Social Action Committee is seeking new members. Contact Peri Orlando or Rachel Goemaat.

English B'Yachad—Online English Tutoring

Volunteer as an English Tutor to Ethiopian Israeli adults who seek improved English fluency and confidence to better compete in the Israeli job market. No prior tutoring experience or Hebrew skills required and the commitment is as little as 1.5 hours a week. Join our community of volunteer tutors impacting the lives of Israelis by volunteering in Israel, from home.

You can get more information at www.skillvolunteerisrael.org.

To learn more, check out the promo video on YouTube (<https://www.youtube.com/watch?v=AW73EKa99TQ>), or contact Marla Gamoran, the program director, at mgamoran@skillvolunteerisrael.org

You can also contact Beth El member Myra Epstein at epstein_myra@yahoo.com. Myra has been a volunteer in this program for three years.

Ukrainian Relief Fund

The Jewish Federation of Princeton Mercer Bucks has established a Ukraine Emergency Relief Fund to provide critical assistance to more than 200,000 Jews in

Ukraine. Please support this effort.

The crisis in Ukraine is escalating quickly. Thousands have come under fire and many are attempting to leave the country. Our Federation recently approved a \$10,000 allocation to American Jewish Joint Distribution Committee (JDC), The Jewish Agency for Israel, and World Ort to support on-the-ground humanitarian effort.

There are immediate and short-term needs totaling \$20 million. Your support will:

- Provide life-saving food and medicine and maintain critical welfare services
- Secure temporary housing for people in transit, escaping the conflict zones
- Launch an emergency helpline and maintain communication across the region
- Help people make Aliyah
- Assist internally displaced people in multiple locations
- Secure local Jewish schools and institutions and train staff to manage crisis needs.

To donate, go here: <https://jewishpmb.givngfuel.com/ukraine-emergency-campaign>.

Bikkur Cholim—reach out to the ill

When illness strikes, a most meaningful way to show Beth El's community "haimishe" character is to pay a visit. Bikkur Cholim—Beth El's committee that makes visitations—needs your support. Please volunteer to be available when called upon to make a visit when the need arises.

If you volunteer at an area hospital and can visit a member who has been admitted; please contact Betsy Weiss.

See our ad on p. 26! Thank you.

—Betsy Weiss (609-933-8451;
medicalappeals@comcast.net)

Yad B'Yad

Beth El's Yad B'Yad committee ensures that when a member is in need of some help—perhaps during a health crisis, a family problem, an age related issue—whatever the problem be—your Beth El community is here to help you during difficult times. Email Barbara Kurlan (609-448-8783; bhk52@aol.com) or Paul Stollman (609-448-3520; pstollman1@

aol.com).

Kosher Food Pantry needs food

The Yvette Sarah Clayman Kosher Food Pantry is in desperate need of food to provide those who are in need. Please consider bringing in an item to the synagogue. We thank you for your support, but more so, feel good about the wonderful Mitzvah you will be doing.

Please make sure your food donation is kosher and remember to check the expiration date.

Thank you!

Greenwood House Kosher Meals on Wheels

Greenwood House is looking for reliable volunteers to deliver for their Labbok Kosher Meals on Wheels Program. For over 30 years Greenwood House has provided low-cost and nutritious kosher meals to Jewish and non-Jewish elderly, homebound, and disabled individuals in Ewing, Lawrence, Trenton, and surrounding areas.

Many of their most dedicated volunteers are aging and limited in their ability to serve. Without new volunteers, Greenwood House will need to reduce the number of days they deliver meals, limit the number of their clients, and/or service a much smaller geographic area.

Volunteers must have a car and be available to deliver meals between approximately 11 a.m.–1 p.m. Even a commitment of one day a month would be helpful.

Please contact Greenwood House at (609)718-0595, extension 320, if you or someone you know might like to get involved in this endeavor.

Kosher Meals On Wheels

As you leaf through or scroll down the pages of the *Shalom*, you will find on p. 26 an ad from Jewish Family and Children's Service for Meals

Continued on p. 29

KOSHER FOOD PANTRY

Please bring Kosher food to our Yvette Sarah Clayman Kosher Food Pantry box located in the cloakroom. Help feed the Jewish needy in our community. Beth El is now collecting food for the pantry, a project of the Jewish Family and Children's Service, on a year-round basis.

For further information, please contact the synagogue office at 443-4454.



Boxes To Fill At Beth El

- Undie Sunday
- Eye Glasses For 'Lions'
- Yvette Sarah Clayman Kosher Food Pantry
- and any other boxes you see!

HOD Society

Halachic Organ Donor Society

www.hods.org

CEJL

Coalition on the Environment and Jewish Life

Protecting Creation, Generation to Generation

www.coejl.org

Donations

Continued from p. 6

Elyse Milstein	For the yarzeit of Jeffrey Milstein
Hugo Nurnberg	
Ann and George Rasko	For Passover Yizkor
Marsha Richer	For the yarzeit of Elaine Feder
Laura and Arthur Salisch	For the yarzeits of Beatrice Salisch and Abraham Baranowitz
Marilyn Schwartz	In memory of Ethel Kaplan
Nona and Robert Stevens	For the yarzeit of Al Stevens
Jan and George Wagner	For the yarzeit of Kathinka Suesser
Enid and William Weinstein	In honor of the birth of Naomi Elliott Alter
Enid and William Weinstein	In honor of Brian Albert receiving the Gemilut Chassdim Award from JFCS

Holocaust Programming and Garden Fund:

Beth Weissman	In honor of Mollie Sperling's 100th birthday
Denise and Christopher Brand	In honor of Mollie Sperling's 100th birthday
Barbara Kurlan	In honor of Mollie Sperling's 100th birthday
Enid and William Weinstein	In honor of Mollie Sperling's 100th birthday

Kiddush Fund:

Ronni Baer and Steven Elmetts	In honor of the birth of Naomi Elliott Alter
Denise and Christopher Brand	In honor of the birth of Naomi Elliott Alter
Laurie and Daniel Bershad	In honor of the birth of Naomi Elliott Alter
Ellen Botwin	In honor of the birth of Naomi Elliott Alter
Sonia Kobrin	In honor of the birth of Naomi Elliott Alter
Rose Kornsgold	In honor of the birth of Naomi Elliott Alter
Ruth and Gary Merves	In honor of the birth of Naomi Elliott Alter
Ruth and Gary Merves	For the yarzeits of Lena Sosnowitz Greene and Bessie Karlin
Ruth and Gary Merves	Thank you everyone for your Refuah Shleima wishes for Gary
Andrea Lo Presti and Robert Schweitzer	In honor of our Beth El community—thank you for welcoming us back
Jay Wertheimer	For the yarzeit of Gary Weissman

Life and Legacy:

Denise Brand

Religious School Tuition Scholarship:

Norma Saks In honor of the birth of Naomi Elliott Alter

Ritual Committee:

Caryn and Marshall Alter	To donate a Siddur Lev Shalem in honor of Andy Granett's 85th birthday
Caryn and Marshall Alter	To donate a Siddur Lev Shalem in honor of Mollie Sperling's 100th birthday
Sandra and Martin Halofsky	
Esther Schlesinger	To donate two copies of the new Siddur Lev Shalem to the synagogue, in memory of loved ones

Sustaining Membership Program:

Tamara and Stu Ostrowsky	In memory of Julie David
Esther Schlesinger	In honor of the birth of Naomi Elliott Alter ✨

Adult Education

Continued from p. 8

Greenwald, and Rabbi Nico Losorelli—each bringing their own voice and perspective, with opportunities for deeper engagement throughout the course. Add to your learning with optional Hebrew decoding to begin reading Jewish texts, and explore Jewish life beyond the classroom through curated Los Angeles field trips (with virtual access for all participants). Together, they create a dynamic, layered learning experience that goes beyond the fundamentals and invites you into something more meaningful, more personal, and more transformative.

You'll also have access to Program Director Rabbi Tarlan Rabizadeh, Vice President for Jewish Engagement, offering more personalized guidance, connection, and support throughout your journey.

Grounded in the trusted Miller foundation and designed for greater depth, access, and community, this is a more immersive way to begin your Jewish journey. Join from anywhere. This course is taught virtually and welcomes students worldwide, with optional in-person experiences for those in Los Angeles.

The course begins Thursday, June 21, at 10 a.m. PT/1 p.m. ET.

Tuition: Early Bird Rate (through June 8): \$585 individual/\$810 couple. After June 8, \$650 individual/\$900 couple.

For more information and/or to register, please go to <https://americanjewishuniversity.regfox.com/miller-intro-signature-rabbis-cycle>

Princeton Judaic Studies

The Princeton Program in Judaic Studies presents the following programs:

Monday, May 11, 5:30 p.m.—"Commentary Continuities, Medieval to Modern." Join us for the keynote lecture of this year's Jewish Thought Workshop with speaker this year is James Theodore Robinson, Dean of the Divinity School, Nathan Cummings Professor of Jewish Studies, and Professor of the History of Judaism, Islamic Studies, and the History of Religions in the Divinity and the College at The University of Chicago. His keynote lecture is titled "Commentary Continuities, Medieval to Modern."

Open to the public. Kosher refreshments will be available.

Julis Romo Rabinowitz Building, Room A17

Thursday, May 14, 4:30 p.m.—"Antisemitism and the Law: Jews' Unfinished Quest for Liberation Through Law." With Robert Katz, Indiana University McKinney School of Law; Kim Lane Scheppele, Laurance S. Rockefeller Professor of Sociology and International Affairs and Director of the Program in Law and Normative Thinking; Leora Batnitzky, Ronald O. Perelman Professor of Jewish Studies and Professor of Religion.

The talk will discuss how American Jews and their allies have used the categories of U.S. law to cabin antisemitism and secure a measure of safety. For the two centuries after 1787, advocates sought to position Jews as white Judeo Christians: "free white persons" for purposes of citizenship and one of America's three respectable religions for purposes of religious liberty. A second, more recent strategy recasts Jews as an ethno-religious people, or ancestry/ethnic group, shifting the legal grounds for protection. Drawing on Judith Shklar's "liberalism of fear," Robert Katz urges that we dispense with seeking one best account of Jewish identity and instead use legal categories instrumentally and choose whatever mix of religion, race, ethnicity, and nation best reduces antisemitic cruelty and fear. He will conclude with some observations about how American Jews morally connect to, and argue about, the state of Israel and Jewish nationalism.

Open to the public.

Laura Wooten Hall, Room 301 (Kerstetter Room)

The Princeton Program in Judaic Studies presents programs open to the public. For more information, go to judaic.princeton.edu. ✨

Adult Volunteer Program



"Being of service to someone in need is so rewarding."

-John D., Deborah Volunteer for 6 years



You're just the person we've been looking for!
VOLUNTEER NOW.



Would you like to join us?

For more information or if you would like an application, contact:

Deborah Heart and Lung Center
Volunteer Services Department
(800) 223-0135 • (609) 893-3372
email: glassoffj@deborah.org

 **Deborah**
Hospital Foundation
212 Trenton Road
Browns Mills, NJ 08015
800-223-0135 • 609-893-3372

 **Deborah**
Heart and Lung Center

UNSEAL THE TRUTH & CARDEY

Esther C. Byll / Jay Goldman — Authors & Advocates

The Girl from Lomé
Freed Through Forgiveness

- Memoir available in print & audiobook
- A powerful story of resilience and healing

NEW WORKBOOK

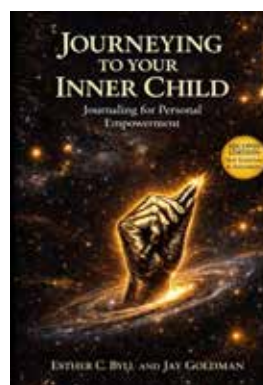
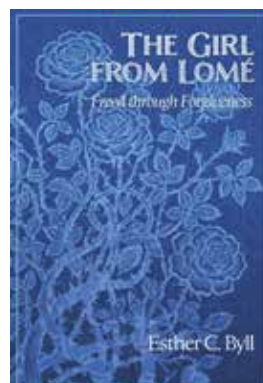
Journeying to Your Inner Child
Journaling for Personal Empowerment
By Esther C. Byll & Jay Goldman

CARDEY — Community Development in Togo, West Africa

Providing clean water, education support, and sustainable community initiatives.

UNSEAL THE TRUTH — U.S. Based Nonprofit
Healing childhood trauma & stewarding donor-funded humanitarian projects.

Visit: www.unsealtruth.org
Learn • Support • Participate



Trusted Giving — Clean Water in Togo, West Africa
— Healing Childhood Trauma at Home

MERCAZ, the Zionist organization of the worldwide Masorti Movement, is the voice of Conservative Judaism in the World Zionist Organization and the Jewish Agency For Israel.

✓ Join thousands of other Masorti / Conservative Jews who care about Israel.

We need your support to ...

- ✓ **Advance** religious pluralism in Israel.
- ✓ **Promote** Masorti/Conservative Judaism throughout the world.
- ✓ **Increase** Zionist activities and Israel programs within Conservative synagogues.
- ✓ **Support** short and long-term Movement study programs to Israel.
- ✓ **Expand** allocations for the Conservative/Masorti Movement.



▶ Include your MERCAZ USA dues with your congregational bill to help: ▶

- ▶ Strengthen our Movement's influence in the World Zionist Organization and the Jewish Agency where important decisions that affect Jews around the world are made.
- ▶ Advocate for the Jewish Agency, the World Zionist Organization and Keren Kayemet L'Yisrael to bolster Conservative/Masorti kehillot and institutions in Israel . . . and throughout the world.
- ▶ Improve the quality and understanding of the Zionist dialogue in our congregations.

Jewish Holidays, Festivals, and Fasts 2026/5786–2027/5788

Sefirat HaOmer: Thursday, April 2–
Thursday, May 21. Work permitted except
on Shabbat.

Pesach Sheni (Second Passover):
Friday, May 1. Work permitted

Lag B'Omer: Tuesday, May 5. Work
permitted

Shavuot: Begins sunset Thursday,
May 21. Ends nightfall Saturday, May 23.
No work permitted. (Dates listed are for
outside Israel).

Yizkor is recited on Saturday, May 23

The Three Weeks: Thursday, July 2–
Thursday, July 23. Work permitted, except
Shabbat

Fast of the 17th of Tammuz: Thurs-
day, July 2. Daylight hours only. Work
permitted.

Tisha B'Av: Wednesday, July 22–
Thursday, July 23. Fast lasts 25 hours. No
work permitted.

Tu B'Av: Wednesday, July 29. Work
permitted

**The Month of Elul: Friday, Aug. 14–
Friday, Sept. 11.** Work permitted except
Shabbat.

Rosh Hashanah 5787: Begins sunset
Friday, Sept. 11. Ends nightfall Sunday,
Sept. 13. No work permitted.

Fast of Gedaliah: Monday, Sept. 14.
Daylight hours only. Work permitted.

Yom Kippur: Begins sunset Sunday,
Sept. 20. Ends nightfall Monday, Sept. 21.
No work permitted.

Yizkor is recited on Monday, Sept. 21.

Sukkot: Begins sunset Friday, Sept. 25.
Ends nightfall Friday, Oct. 2. No work per-
mitted September 26–27. Work permitted
on Sept. 28–Oct. 2 with certain restrictions.

Hoshanah Rabbah: Friday, Oct. 2.

Shemini Atzeret & Simchat Torah:
Begins sunset Friday, Oct. 2. Ends nightfall
Sunday, Oct. 4. No work is permitted.

Yizkor is recited on Shemini Atzeret,
Saturday, Oct. 3.

(Dates listed are for outside Israel.)

Chanukah: Friday, Dec. 4–Saturday,
Dec. 12. Work permitted except Shabbat.

Fast of Tenth of Tevet: Sunday,
Dec. 20 (daylight hours only). Work per-
mitted. ♣

Tu B'Shevat: Saturday, Jan. 23, 2027.
No work is permitted due to Shabbat.

Ta'anit Esther: Monday, March 22
(daylight hours only). Work permitted.

Purim: Begins sunset Monday, March
22; ends nightfall Tuesday, March 23. ♣






Masorti Foundation

Israel's Heart, Our Shared Responsibility

This Rosh Hashanah, Israel's heart is still broken. Across the country, people carry wounds, some visible, others deep inside. In moments like this, community is not a luxury. It is survival.

That is why the Masorti Movement is a lifeline. Together, we are:

- **Equipping teens** through *Resili/NOAM* to face trauma and lead with compassion.
- **Planting and growing kehillot** through *Nevatim*, our new grassroots leadership initiative.
- **Renewing Jewish life** in regions hardest hit, restoring connection and trust.
- **Supporting rabbis** through *Revuta*, so they can guide their kehillot with wisdom and care.

Masorti matters because we bring vibrant, egalitarian Judaism, rooted in tradition, open to all, into communities across Israel. No one else does what we do.

Your gift this High Holiday season will bring hope, resilience, and connection to thousands of Israelis. Please give now, so that next Rosh Hashanah, Israel's heart will be stronger because of you.

Please donate today at:
masorti.org.il/high-holidays/
or scan the QR code on the left.



If you prefer, send a check to our address below. For more about Masorti Israel go to masorti.org.il/home-foundation

Scan on the left to receive our twice-monthly newsletter



Masorti Foundation | 3080 Broadway, New York, NY 10027
foundation@masorti.org | 212-870-5880

WOMEN'S LEAGUE OF BETH EL SYNAGOGUE



Let's send some love from Beth El!

Each year, the Women's League of Beth El puts together care packages for our college students—filled with treats, for a little taste of home. It's our way of reminding them that their Beth El family is cheering them on, no matter how far they roam.

Have a college student in your life? We'd love to include them! Email Shira Leeds to share their address so we can make sure a special package finds its way to them.

If you have any questions, please reach out to Shira Leeds at shiramk@aol.com



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KOSHER MEALS ON WHEELS

From Jewish Family & Children's Service Of Greater Mercer County

For homebound seniors or those with disabilities living in East Windsor, Hamilton, Hightstown, Plainsboro, Princeton and West Windsor.*

Contact Beth Englezos at 609-987-8100 or bethe@jfcsonline.org



We deliver fresh, Kosher, hot nutritious meals and a smile!

You may order up to five meals each week. Each meal includes a meat or fish entrée, bread & margarine, salad & dressing, a starch, vegetable and dessert.

The cost is \$5 per meal and they'll be delivered to your home on Mondays and Wednesdays by our wonderful volunteers.

Meals are prepared by the Natalie and Robert Marcus Greenwood House Home for the Jewish Aged under the supervision of Rabbi Isaac Leizerowski.

*Kosher meals are available in other areas. Please call to inquire.



707 Alexander Road, Ste 102
Princeton, NJ 08540
609-987-8100
www.jfcsonline.org

BIKKUR CHOLIM SOCIETY

BIKKUR CHOLIM: "THE MITZVAH OF VISITING THE SICK"



THE MISSION OF THE BIKKUR CHOLIM SOCIETY OF BETH EL SYNAGOGUE

IS TO REACH OUT TO OUR MEMBERS AND THEIR IMMEDIATE FAMILY WHO LIVE LOCALLY; WHEN THEY ARE ILL IN THE HOSPITAL, REHABILITATION FACILITY, NURSING HOME, OR ISOLATED AT HOME.

WE PROVIDE VISITS, FRIENDLY CALLS, AND GREETING CARDS; AND CAN ADVOCATE FOR OUR MEMBERS' NEEDS AS THEY CONVALESCENCE.



FREQUENTLY ASKED QUESTIONS

HOW CAN I HELP?

We'd like to know about any congregant who'd appreciate visits, phone calls or correspondence (postal or email). Just send us the attached form, and someone will contact you soon. If you prefer, you can also

- Contact Betsy Weiss at (609) 750-1009 or medicalappeals@comcast.net
- Contact Rabbi Kornsgold at (609) 443-4454 x141 or rabbibethel.net

IS THIS CONFIDENTIAL?

Information is shared only between the clergy, coordinator and volunteers. Be sure to discuss any privacy concerns with your volunteer.

HOW CAN I VOLUNTEER?

The *Bikkur Cholim Society* needs volunteers! We are looking for pre-teens, teens and adults who are interested in reaching out to members of our community. Contact Beth Brenman by telephone or e-mail.

Do you volunteer at an area hospital? Let us know if you can visit any member who has been admitted.

Do you enjoy reading, singing or playing a musical instrument? Your talents may be much appreciated by someone who has not been feeling well!

WHY SHOULD I VOLUNTEER?

So many of us want to make a contribution to our community, and the Mitzvah of *Bikkur Cholim* is a wonderful way to reach out in a positive way. Visiting someone who is ill is an act of kindness that helps to lessen feelings of isolation. Additionally, when we contact and connect with someone who is experiencing a difficult time, we strengthen our connection to the community and make it a better place.

HOW TO REQUEST HELP

If you or someone you know from our Beth El community would appreciate a friendly visit, phone call or note, please complete this form and return it to the *Bikkur Cholim* mailbox in the Synagogue Office.

Name of the Beth El member:

Name _____

Address _____

Phone _____

E-mail _____

Person requesting help (if different from above):

Name _____

Phone _____

Brief description of situation:

Type of help needed:

- Hospital visit
- Rehab facility/nursing home visit
- Phone call check-in
- Ongoing phone calls
- Written greeting (postal or e-mail)
- Other (describe) _____

YOUTH GROUP NEWS

Sarah Donsky, Youth Director, youth@bethel.net



USY (8th–12th grade)

Sarah Donsky, youth@bethel.net

KADIMA (6th–7th grade)

Sarah Donsky, youth@bethel.net

PRE-KADIMA (3rd–5th grade)

Sarah Donsky, youth@bethel.net

Tot Shabbat 2025–26

Tot Shabbat for young children through kindergarten and their parents is held on two Shabbat mornings a month, starting at 10:30 a.m. It is led by Danna Livstone with participation by Rabbi Kornsgold and Rabbi Nover. Please check the calendars on pp. 18–19 for exact times each month.

Here are the upcoming dates:

May 2, 16, June 6, 20. ✦

Junior & Beginners Junior Congregation

Junior & Beginners Junior Congregation for school-age children are held on selected Saturday mornings at 10:30 a.m.

Here are the upcoming dates: Saturdays, May 2 (BJ & JC), 9 (JC), 16 (BJ & JC), 30 (JC); June 6 (BJ & JC), 13 (JC), 20 (BJ & JC), 27 (JC). ✦

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HAVE YOU MADE A GIFT TO BETH EL SYNAGOGUE IN YOUR WILL OR ESTATE PLAN?

IF YES, DON'T KEEP IT A SECRET!

WE WOULD LIKE TO KNOW MORE ABOUT THIS GIFT,
SO THAT WE CAN THANK YOU



Knowing your plans allows us to express our gratitude and ensures your gift will be used as you intended.

Your gift can also help our organization be eligible for a Life & Legacy incentive grant from the Jewish Community Foundation.

If you have information to share about a future gift, please contact Marc Perlman mperlman@comcast.net

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Social Action

Continued from p. 21

on Wheels. It gives you the barest of information (enough to get the idea), but there is one thing missing—the personal touch.

Very often, people (in need due to illness, being a shut-in, too tired to cook) feel a bit embarrassed to call and enroll in the program. This program takes some of the worry about eating properly out of your hands. The food is very good, costs only \$5 a meal (open to discussion), and is delivered in a timely manner.

The people who deliver the meals are kind, considerate and very polite. JFCS does ask for a commitment of one month sign-up. After that time you can continue or cancel. If you will be away, you can postpone delivery and then restart it.

Now is a good time to call and get included. Please contact Beth Englezos at the JFCS office by email at bethe@jfcsonline.org or call (609) 987-8100, ext. 126. This program is a wonderful way to make at least one mealtime in your home carefree. Meals are strictly kosher and prepared at Greenwood House. ♣

Cemetery

Continued from p. 4

committee, usually in the next available spot in the current row. An adjacent plot can be reserved for a spouse by paying the Perpetual Care Fee for that plot.

No other burial fees are collected for the Cemetery; the family would usually work with the Rabbi and a Funeral Director to arrange for a funeral service, undertaker preparations, caskets, and grave digging. A monument or marker is expected to be placed on the grave within a year. Currently there is a \$25 permit charge that the monument-maker submits to the Cemetery Committee with paperwork on the marker. This permit is to assure that monuments are all relatively standard sizes and colors.

The Cemetery is a Jewish Cemetery under the halachic supervision of the Rabbis of both congregations.

The Committee hires a landscape company to keep the land neat. The guidelines for the Cemetery request that no boundary stones extend from the gravestone to simplify mowing. Plantings are not encouraged and are the responsibility of the family.

If you have any questions about the Cemetery please contact a member of the Cemetery Committee: Seth Josephson, Chair, Brian Albert, Rabbi Jay Kornsgold, Nicole Ostrowsky-Fabisch, or Marc Perlman. ♣

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Sunday, November 2 @ 1:00 PM

“Jewish Istanbul”

with Nisya Isman Allovi



Thursday, December 4 @ 8:30 PM

“Jewish Panama”

with David Mizrachi Fidanque



Thursday, January 8 @ 8:30 PM

“Jewish Indonesia”

with Rabbi David Kunin



Thursday, April 23 @ 8:30 PM

“Jewish Kurdistan”

with Levi Meir Clancy

Thursday, May 7 @ 8:30 PM

“Jewish Uruguay”

with Shai Abend

Please note that all listed times are Eastern Time.

There is no charge for these programs but a donation in any amount is greatly appreciated.



Please Register online. All registrants will receive the recording!

https://bethelsynagogue.shulcloud.com/form/jewish_travel

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Dear JTS Community,

Several months ago, we announced Chancellor Shuly Rubin Schwartz's decision to step down from her position in June 2026 and launched a comprehensive search to identify our next chancellor. I am excited to share with you today that the Board of Trustees has appointed Rabbi Mike Uram to lead JTS in its next chapter of growth and evolution.

Thanks to Chancellor Schwartz's dedicated stewardship and that of her predecessors, we are making this transition as a stronger and more resilient organization. And we are well prepared to build on the solid foundation she has laid as we advance our position as a leading center of Jewish scholarship, learning, and thoughtful, compassionate dialogue. Below is a letter from Chancellor Schwartz expressing her enthusiasm for this appointment.

I often emphasize that what makes JTS so special is our people and community—from our faculty, students, and staff to our remarkable alumni and supporters. And so it gives the Board and me great pleasure and pride to welcome as our next chancellor, Rabbi Uram, who is one of our own: a JTS-ordained, truly innovative voice in the American Jewish community. Most recently, Rabbi Uram was the Chief Jewish Learning Officer for the Jewish Federations of North America (JFNA) and previously the Chief Vision and Education Officer for Pardes North America. Before that, he led the University of Pennsylvania's highly successful Hillel as its Executive Director and Campus Rabbi for over 16 years. Through these experiences and his other work with dozens of Jewish organizations, Mike has been serving the broader Jewish community as a thought leader, deeply committed to fostering inclusive engagement and learning.

This is a time of challenge among Jewish communities, and Rabbi Uram is the right person to help JTS meet this important moment. He brings to our institution a rabbinic voice, a connection to a new generation of current and emerging Jewish leaders, and deep experience serving the broader Jewish community that we need to engage as part of the vital center. And with that, a personal knowledge of and deep appreciation for what is so special about JTS and the critical role we play in educating future leaders in our tradition, just as we work to expand those we reach.

I would like to thank the Search Committee, chaired by Alan Klein, for their thorough work throughout this process. Their efforts were essential in reaching this successful outcome.

Rabbi Uram will be relocating to New York, and I know he looks forward to meeting many of you in the days, weeks, and months to come. Please join me in welcoming him back to JTS.

Sincerely,

Alan Levine
Chair, JTS Board of Trustees



Dear JTS Community,

I am thrilled that Rabbi Mike Uram, a wise, experienced, and capable leader will assume the mantle as the ninth Chancellor of The Jewish Theological Seminary. A learned, inspiring, and engaging rabbi, educator, and organizational leader—and a JTS alumnus—Mike has served the Jewish people in a variety of important settings. He has navigated complex challenges, led innovative learning initiatives, and provided strategic vision and oversight. The partnerships he has cultivated across the Jewish educational landscape and his many board and community roles all speak to his experience and success as a Jewish leader. He cares deeply about the Jewish future, and I know he will take our beloved institution to new heights.

I look forward to supporting Mike's initiatives in my next role on the faculty and am excited to see him lead JTS into the future.

Mazal tov, Chancellor-Elect Uram!

Chancellor Shuly Rubin Schwartz





Membership Anniversary Shabbat
Mazel Tov to the following members celebrating
Membership Anniversaries

13 Years

Brian & Celeste Albert
Jacob & Jennifer Gertsman
Janice Hirschhorn
Elizabeth Koltz
Joel & Lesley Pomeranz
Sally Shakun

18 Years

Jeanette Edelstein
Daniel & Rachel Goemaat
Ami Kestenbaum
Richard & Gail Klein
Simon Rosof & Peishan Ang
Jonathan & Jennifer Schaffel

25 Years

Simon & Lauren Berman
Steven & Judith Bortnick
Joel & Jacqueline Goldfinger
Jeffrey Kaplan
Miles & Sheryl Martin
Louis & Pamela Pagan
Todd & Gail Sokoloff

36 Years

Ellen Botwin
Joan Freeman
Stuart & Eritt Goldstein
Carl & Linda Heringer
Herbert Rosengarten, & Alicia Peller
Stephan & Emily Taylor

50 Years

Cheryl Bardin
Jerome & Beverly Cohen
Ronald & Rita Kraft
Leonard & Sheila Small

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WOMEN'S LEAGUE of BETH EL SYNAGOGUE LOYALTY REWARDS PROGRAM

Whenever you buy retail and supermarket gift cards, send Leagrams for birthdays or anniversaries, wish your friends L'Shanah Tovah with New Year's grams or make a donation by sending a Mazel Tov or a condolence card, you can earn cash back through the **Women's League Loyalty Rewards Program**, formerly known as the Beth El Sisterhood Donor program.

The money that Women's League earns through these fundraising efforts goes right back to the synagogue whether it is to purchase new equipment for the kitchens or the building, help defray the cost of the popular Kiddush luncheons or to provide exciting new programs for Beth El's members. The money that YOU earn back from these fundraising efforts goes to wherever YOU see fit!

The more you buy, the more you get.

Women's League tracks your spending, and with each qualified purchase, you earn money which accumulates in your Loyalty account. Once your account reaches \$30, you then earn 33% back on the total in your account. For example, if your account equals \$500, you would get a check for \$165.00 in June ($\$500 \times 33\%$). It's like getting FREE money!

Loyalty Rewards Program Facts:

- **No sign-up required. Once you become a paid-up member of Women's League, you are automatically enrolled.**
- **Exclusive cash back rewards program for Women's League members only**
- **Every dollar you spend counts toward your rewards account**
- **Receive 33% back of any money accrued over \$30. No check will be issued if under \$10.**
- **Receive a reward check in June every year**
- **There is no limit to the amount of money you can earn back**
- **Support your synagogue**

Earning opportunities and amount that goes into your loyalty account:

- **Good & Welfare (Mazel Tov, Condolence or Get Well cards): Cost \$4, Loyalty Award \$1**
- **Leagrams: \$1.50 per name, Loyalty Award 50¢**
- **New Year's grams: \$1 per name, Loyalty Award 25¢**
- **Supermarket gift cards: 5% of the purchase price**
- **Retail gift cards: amounts are different depending on the store but range from 2-18% of the purchase price**
- **Women's League dues: \$2 if dues paid in July or August; \$1 if dues paid in September**

Any questions, please do not hesitate to call at Cheryl Bardin, Chairperson, at (609) 448-7860.