

BETH EL SHALOM

JUNE 2026

SIVAN/TAMUZ 5786

One of the greatest strengths of Beth El is not simply our beautiful building or our long history—it is the people who walk through our doors and make this congregation a true community. Judaism teaches us that holiness is created through connection. We learn in the book of Psalms, “*Hinei Mah Tov U'Mah Na'im, Shevet Achim Gam Yachad*—How good and pleasant it is when people dwell together in unity.”

Our tradition understands that Jewish life is strongest, richest and most meaningful when we experience it together. A synagogue community exists so that we can celebrate together, support one another in difficult moments and help lift each other up spiritually and emotionally.

Being part of Beth El is not something passive. The more we participate, the more connected we become and the more we gain in return. When we attend services, an event, volunteer, share a meal, or simply spend time with one another, we strengthen not only the congregation but also our own sense of belonging. Community is built relationship by relationship and conversation by conversation.

During the summer months especially, we encourage everyone to help support our Minyanim on Monday and Wednesday at 8 p.m.; Thursday at 7:15 a.m.; and Sunday at 8:45 a.m. Fridays at 6 p.m. can also be a chal-



lenge. Summer schedules and vacations can make it more difficult to gather a Minyan, yet for those in mourning saying Kaddish or commemorating a Yahrzeit, the presence of the community means everything. By showing up, we fulfill a sacred responsibility to one another. A Minyan is more than a number; it is an act of care and commitment.

Minyanim are also an opportunity to pause from the busy-ness of the week and find community. If you

have hesitated to participate because you are unfamiliar with our 30-minute evening service, please join fellow congregant (and AJR rabbinical student) Pam Krieger on Mondays at 7:30 p.m. on June 8, 15, 22, or 29, for an overview of the service and guidance navigating our new weekday prayer book Siddur Lev Shalem ahead of Minyan at 8 p.m. Please contact Pam at wcugradx2@gmail.com with any questions.

Our Kiddush Luncheons also provide an important opportunity to deepen our bonds. Sharing food and conversation after services allows friendships to grow and reminds us that synagogue life extends beyond prayer alone. Some of the most meaningful moments in congregational life happen around the Kiddush table as we welcome someone new, reconnect with friends, or simply take the time to listen

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PULL OUT CALENDAR

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Beth El–Perrineville Jewish Cemetery

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Tisha B'av & the Three Weeks

Thursday, July 2 (Fast of the 17th of Tamuz)
through Thursday, July 23, (Fast of Tisha B'Av)

Rabbi Nover's Message



School's out for Summer! But that doesn't mean the learning stops. Judaism is not just something that you do in the synagogue, or only during certain times of the year. We can "do Jewish" wherever and whenever. That's why it's such a blast when we do Shabbat on the Lake in Robbinsville (this year on Friday, June 12.) You can pray anywhere, you can make community anywhere, and you can be Jewish anywhere you want.

In fact, much of Jewish life takes place outside the synagogue. We have blessings to say over food and over the New Moon that don't require a synagogue and can be done on their own, but they are even better when done with a community. It's a special balance. We can always act on our own. But there is a comfort and power in being able to share an experience with someone else.

One of those special experiences can be the weekday minyanim. During the Summer, we sometimes struggle to make our 10 Jewish adults on Sunday mornings, Monday and Wednesday evenings, Thursday mornings, and even some Friday nights. That can be especially hard when there are people coming to services hoping to say Mourner's Kaddish, which can be done only when 10 Jewish adults attend. When they

see that there are 10 people there, or when we make that extra effort to make sure there is a minyan, they are always grateful.

And this is not only true of our weekday minyanim, which do take place in our synagogue, but also in the special Shiva minyanim we hold to comfort a family who just lost a loved one. Many times, those take place in their homes, where they can gather with their family, and with our community. It's powerful when the houses are filled with people who come just to comfort the bereaved.

So I encourage you this Summer, to not only be Jewish everywhere, but also to find the time to support others through attending Services. You never know how being there for a single night might offer someone so much comfort and strength.

Don't forget, we have Youth Services continuing throughout the month of June. If you didn't manage to finish the service attendance requirements for this past year, or you want to work ahead towards next year's, we have regular services every Shabbat, and youth Services on most Shabbats in June and August. Come join! ✨

Religious School Registration:

Registration is open for the 2026-27 year. You can find the form here: <https://forms.gle/QFMcK7UpGpnbBbXC9>. ✨

—Rabbi Matt Nover, Assistant Rabbi and Education Director ✨

Important Dates:

- 6/5 - RS Graduation
- 6/12 - Shabbat on the Lake
- 6/13 - College Grad Shabbat
- 6/26 - ABC Shabbat ✨

DEADLINE FOR JULY/
AUGUST SHALOM:

Mon., June 15

tomfodw@mac.com

All handwritten and typed materials should be submitted or faxed to the Beth El office at 609-443-2887 no later than the 1st of the month (except as noted above). E-mailed materials must also be received by the 1st of the month. **Please e-mail to: tomfodw@mac.com.**

Thank you all for your cooperation. ✨

SYNAGOGUE OFFICE HOURS:

Monday through Thursday—
9 a.m. to 5 p.m.

Wednesday (when Religious School is in session)—9:30 a.m. to 6:30 p.m.

Friday—9 a.m. to 2 p.m.

Sunday (when Religious School is in session)—9 a.m. to 12 noon

Contact Beth El by email!

Rabbi Kornsgold: rabbi@bethel.net
Rabbi Nover/Religious School: rabbino-ver@bethel.net

President: president@bethel.net

Office: office@bethel.net

Bookkeeper: bookkeeper@bethel.net

Seniors: ostrowsky4@aol.com

Men's Club: mensclub@bethel.net

Women's League: womensleague@bethel.net

Publicity: publicity@bethel.net

PLEASE JOIN US!

WEEKDAY MORNING MINYAN
Sunday 8:45 am
Thursday 7:15 am
Start your morning off with prayer!

JFCS OF GREATER MERCER COUNTY **GIVING MADE EASY**
 JFCS of Greater Mercer County maintains an on-site pantry and a mobile food pantry which collectively serve almost 2,500 individual EACH MONTH!
 Help keep the JFCS food pantries stocked!
 Make a donation through our Amazon Wishlist

Donate to Ukrainian Relief Fund!

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President's Message

Nicole Ostrowsky-Fabisch

As we approach the end of another fiscal year at Beth El, June offers us a wonderful opportunity to reflect on the many moments that have brought us together and to look ahead to the year to come.

Over the past month, we gathered for two meaningful membership events that showcased the strength of our Beth El community. At our General Membership Meeting, we reviewed the accomplishments of the past year, approved our operating budget, and elected our Board of Trustees for the coming year. These annual responsibilities are more than procedural—they are an important reminder that Beth El's future is shaped by the engagement, participation, and commitment of its members.

We also enjoyed our annual BBQ, which brought together



congregants of all ages for a (very warm!) afternoon of food, games, and camaraderie.

Events like these remind us that while governance and planning are essential, it is the relationships we build with one another that truly define our congregation.

This season is also one of celebration and achievement. We recently recognized our Hebrew High School graduates and will soon celebrate our Religious School graduates. These milestones represent years of learning, growth, and dedication by our

students, their families, and our educators. As a congregation, we take great pride in

... "On June 19, we will thank our outgoing Board members for their service, dedication, and contributions. Volunteer leadership is the foundation of every synagogue, and we are grateful to those who have given their time, talents, and energy to strengthen our community"...

helping to nurture the next generation of Jewish leaders and lifelong learners.

June is also a time of transition in leadership. At our Installation on Friday, June 19, we will have the opportunity to thank our outgoing Board of Trustees members for their service, dedication, and countless contributions

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Synagogue Board Meetings:
Wednesdays,
June 10, and
July 8, at 8:30 pm
(in person and on Zoom)
All congregants are welcome to attend

Shabbat Summer Sermon Series 2026/5786

KAZAM!! It happened again! It's already time to think about Summer Shabbat Sermons.

Congregants are again encouraged to give a sermon during Shabbat services.

These dates are still available:

July 4—Pinchas

July 11—Matot-Masei

July 25—Vaet'hannan (Shabbat Nahamu)

The Guidelines:

Talking about the portion of the week is encouraged but is not mandatory. Some connection to Judaism is expected. The Sermon must be no more than *ten minutes*. New participants are welcome.

Please contact me or the office if you are

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Security Update

"Stop The Bleed" program

What is it:

Stop The Bleed [STB] is a national campaign designed to train the general public to stop life-threatening bleeding injuries.

Beth El preparedness:

Beth El currently has STB kits at various locations around the synagogue, including the sanctuary, the kitchen area, the foyer near the rest rooms, and other locations.



Training:

Several training sessions are planned on location on use of STB kits in case of emergency. Sessions are free, in-person, with a 12 person limit per session.

- May 24: Full, synagogue leadership & prayer leaders
- June 28: Signup information will be announced.
- Additional sessions: Will be planned if there is interest.

For additional information contact the Office or Lew Meixler LMeixler@Verizon.net

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Tamara Ostrowsky • 448-5920 • Ostrowsky4@aol.com

Good & Welfare Donations

All cards: Regular condolence, get well, and Mazel Tov—\$4 (\$1 loyalty rewards credit)

Mindy Goldstein Fund, Buchman Memorial Fund, and Stan Aronson Fund—\$4 min. (no loyalty rewards credit)

Appropriate cards for all the life cycle events listed on this page are available by calling me at the phone number above. I look forward to hearing from you.—Tamara ✦

Please note that Women’s League Mazel Tov, Get Well, and Condolence cards cannot be requested, sent, or paid for via the “Donate” button. The “Donate” button is for donations directly to the Synagogue only. Thank you. ✦

Thank You:

Thank you for all of your cards and good wishes after I broke my ankle. Your thoughtfulness and caring are appreciated and helped in my recovery.—Rose Kornsgold ✦

President

Continued from p. 3

to Beth El. Volunteer leadership is the foundation of every successful synagogue, and we are grateful to those who have given their time, talents, and energy to strengthen our community.

At the same time, we will welcome our incoming Board Members and Officers. Their willingness to step forward and serve ensures that Beth El continues to grow, evolve, and thrive. I look forward to working alongside them as we build upon the strong foundation established by those who came before us.

As one fiscal year comes to a close and another begins, I am reminded that Beth El’s greatest strength has always been its people—those who lead, those who volunteer, those who participate, and those who simply show up for one another. Thank you for being part of Beth El Synagogue and for helping to ensure that our community remains vibrant, welcoming, and strong for generations to come.

—Nicole Ostrowsky-Fabisch,
president@bethel.net ✦

Rabbi Kornsgold

Continued from p. 1

to another person’s story.

As we look ahead to the summer, I encourage everyone to take part in our special gatherings. Join us for Shabbat on the Lake on Friday, June 12, at the Gazebo on Lake Drive in Robbinsville. There will be a Meet and Greet and Children’s Crafts at 5:45 p.m., with the service beginning at 6:15 p.m.

On Friday, June 26, join us for ABC Shabbat at 6 p.m. followed by dinner. Reservations can be made through the Synagogue Office.

These moments of celebration and togetherness help strengthen the spirit of our Beth El family.

These are also wonderful events to bring prospective friends and family. Each of us can serve as an ambassador in introducing those in our community who are looking to be part of a vibrant synagogue community.

The more we invest in our community, the more our community enriches our lives. May each of us continue to find friendship, meaning and blessing as active participants in the sacred life of Beth El.

—Rabbi Jay M. Kornsgold ✦

Summer Sermons

Continued from p. 3

interested in presenting a sermon. Please advise of preferred date and alternative(s).

Thank you for your participation.

—Andy Granett (agranett@juno.com; 609-426-9427) ✦

College Grads Ceremony June 13

On Saturday, June 13, during services at 9 a.m., we will honor those who are graduating from college this year. Please join us as we acknowledge those students who have completed an important milestone in their lives. ✦

Legal Holiday Minyans

At Beth El we continually work to have services as often as possible when the magic number of 10 adults will be present so the needed prayers can be said. Our basic schedule consists of Shabbat Services on Friday Night and Saturday morning. Other regular services are held on Sunday and Thursday mornings and on Monday and Wednesday evenings.

We also have 8:45 a.m. morning services on nine legal holidays:

New Year’s Day (January 1, 2027)

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Beth El Synagogue

Beth El is looking for volunteers to help out with our Web site!

- Come and be a part of expanding Beth El’s Web presence.
- Have fun with Web technology and social media such as Facebook and Twitter
- Imagine the wonderful impact you can have on your community
- Always wanted to get involved at Beth El but were looking for the right opportunity? This is it!

Contact Nancy Alter: technology@bethel.net

All levels of experience are welcome!

Visit us at www.bethel.net



FRIDAY, JUNE 12

Shabbat on the Lake

WITH THE BETH EL SYNAGOGUE COMMUNITY



- **5:45 PM MEET & GREET/CRAFTS FOR CHILDREN**

- **6:15 PM SHABBAT SERVICE**

SHABBAT SERVICES WILL BE HELD AT THE GAZEBO ON LAKE DRIVE IN ROBBINSVILLE

Bring your own chairs!

(In case of inclement weather, event will be held at
Beth El Synagogue
50 Maple Street Road, East Windsor)



Open to the community

Follow Beth El Synagogue East Windsor on



50 Maple Stream Road, East Windsor, NJ
www.bethel.net office@bethel.net 609-443-4454

DONATIONS**שקולה צדקה כנגד כל מצות**

Charity is equal in importance to all the other commandments combined.

– Babylonian Talmud, *Bava Bathra 9A***Rabbi Kornsgold's Discretionary Fund:**

Bret and Lisa Jacknow
 Lew Kirschner In commemoration of the Yahrzeit of his wife,
 Linda Kirschner; in honor of Jerry and Beverly Cohen and
 Ron and Rita Kraft's 50 years of membership at Beth El.
 Sonia Kobrin For the selling of Chametz.
 Rose Kornsgold In memory of her loved ones for Shavuot Yizkor.
 Ira and Estelle Meltzer In honor of the birth of Jerry and
 Beverly Cohen's great grandson, Jacot Eli Yaros.
 June and Ken Newman In commemoration of the Yahrzeit of
 their father and father-in-law, Martin Werner.
 Marcia Piltzer
 Herbert Rosengarten and Alicia Peller In commemoration of the
 Yahrzeit of Herb's grandmother, Paula Rosengarten.
 Herbert Rosengarten and Alicia Peller
 Herbert Rosengarten and Alicia Peller In commemoration of the
 Yahrzeit of their mother and mother-in-law, Arline Peller.

Rabbi Nover's Discretionary Fund

The Ladley Family In Appreciation of Hebrew High

General Fund:

Karen and Eric Abrams For the yahrzeits of Jozel and Alfred
 Abrams, and Stanley Morgenstern
 Beth and Murray Brenman For the yahrzeits of Alfred and
 Rachel Ando and Herman and Mina Brenman
 Karen and Charles Brodsky For the yahrzeit of Rona Brodsky
 Rita Freed For the yahrzeits of Sam and Gertrude Freed
 Jacqueline and Joel Goldfinger For the yahrzeits of Selma and
 Arnold Heifetz
 Susan and Harold Goldstein For a yahrzeit
 Sandra and Martin Halofsky
 Janice Hirschhorn For the yahrzeit of Joseph Sussman
 Dorothy and Jerome Hirshman For Passover Yizkor
 Dorothy and Jerome Hirshman For a yahrzeit
 Sally Katz For the yahrzeit of Allen Katz
 Sonia Kobrin For the yahrzeits of Beatrice Harary and Mort Kobrin
 Rita and Ron Kraft To thank Beth El for planting a tree
 in Israel in honor of our 50-year Beth El membership
 Rita and Ron Kraft In honor of the birth of Jacob Eli Yaros
 Jerry Kraft For the yahrzeit of Arline Kraft
 Elyse Milstein For the yahrzeit of Jeffrey Milstein
 Audrey and Joel Napchen In appreciation of being given an
 aliyah on Shabbat Emor
 Marian and Thomas Nebenzahl In appreciation of Passover Yizkor
 Joel and Lesley Pomeranz For the yahrzeit of Harriet Glazer
 Joel and Lesley Pomeranz For the yahrzeit of Julius Pomeranz
 Arlene Pedovitch and Joel Reissman For the yahrzeit of Harry
 Pedovitch
 Marsha Richer In honor of the birth of Naomi Elliott Alter
 Belle and Arthur Schwartz In honor of the marriage of Estelle
 and Ira Meltzer's granddaughter, Taylor Wasserman, to
 Brandon Garber
 Jodi and Eric Steinberg In honor of the birth of Naomi Elliott Alter

Hyman B. Sobel Memorial Tzedaka Award Fund:

Judy and Michael Baskin For the yahrzeit of Samuel Abarbanel
 Judy and Michael Baskin For the yahrzeit of Hyman B. Sobel

Kiddush Fund:

Linda Richman For family yahrzeits
 Beth Weissman For the yahrzeit of Lorraine Pomper
 Caryn and Marshall Alter In honor of the birth of Kira Arlenne
 Rosengarten
 Rose Kornsgold For the yahrzeit of Hinda Miriam Kornsgold
 Jay Wertheimer In honor of the birth of Audrey Leah Mandell

Life and Legacy Program:

Tova Ladley

Ritual Committee:

Trudi and Marc Perlman To dedicate three weekday Lev
 Shalom siddurim in memory of Robyn Perlman Harvan,
 Henry Sperling, and Sylvia and Abraham Perlman
 Naomi and Eugene Schwartz For the yahrzeits of Aaron and
 Miriam Rubin

Scholar In Residence Fund:

Jan Gurvitch

Security Fund:

Norma Saks In honor of Brian Albert receiving
 the JFCS Gemilut Chassadim Award

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Mercer County Local Arts Program and
The Jewish Federation of Princeton Mercer Bucks



Torah and Tea

Come and enjoy a lively discussion of the Torah portion over dessert, coffee, and tea with Rabbi Kornsgold or Rabbi Nover, as noted.

Classes in June, July, and August: Mondays, 2–3:30 p.m., in person (lunch at 1:30; class starts at 2) and on Zoom:

- June 1—Behaalotecha
- June 8—Shelach
- June 15—Korach
- June 22—Chukat-Balak
- June 29—Pinchas
- July 20—Vaetchanan (Rabbi Nover)
- July 27—Ekev
- Aug. 3—Reeh
- Aug. 10—Shoftim (Rabbi Nover)
- Aug. 17—Ki Tetze (Rabbi Nover)
- Aug. 24—Ki Tavo
- Aug. 31—Nitzavim-Vayelech



Liberal Zionism for the 21st Century

Taught by Rabbi Kornsgold.

This course is dedicated to understanding liberal Zionism in this challenging moment. In this course, scholars from the Hartman Institute in Israel offer frameworks to grapple with the contemporary challenges to liberal Zionism, including the dominant critiques against Israel and Zionism post-October 7. Learners will gain a deeper understanding of the key values that animate liberal Zionism and how to approach the core issues that have emerged during these many months of war.

Topics include:

- Understanding Liberal Zionism Today
- The Challenge of Liberal Zionism
- Responding to the Charge that Zionism is a Colonial Project
- Grappling with the Charges of Genocide and Apartheid
- Criticism and Solidarity: Liberal Zionism when Israel Offends
- Compassion for the Other in a Time of War

Each unit includes an article by a Hartman scholar and a podcast conversation between Tal Becker and the author.

The class will meet on Sunday, June 7 (from 9:45–11:30 a.m.; in person and on Zoom).

The Rabbi's Roundtable (new!)

Join Rabbi Kornsgold for a spirited monthly discussion on current events related to Jews and Israel. Thursdays, 10:30–11:45 a.m. (in person only): June 18, July 30, Aug. 27.

Exploring the Prophets: Ezekiel

Who are the Prophets? What do they stand for and what can we learn from them? In this course we will examine the second part of the Tanach, the *Neviim* (Books of the Prophets). We are currently on the Book of Ezekiel.

This class will meet one to two times a month on Mondays, from 8:45–10 p.m. (Zoom only): June 1, 15, 29, July 27, Aug. 3, 24.

Book Club

Beth El's Book Club meets monthly on Sunday mornings at 10 a.m. via Zoom.

June 14: *Maine Characters* by Hannah Orenstein.

For more information, please contact Karen Richtman, purrfekt40@aol.com, 609-426-9437.

Genealogy Club

For more about the Mercer County Jewish Genealogy Society (a member of the International Association of Jewish Genealogical Societies), or if you

Upcoming Adult Education Schedule

JUNE:

- Mon Jun 1: Torah & Tea, 1:30 pm
- Mon Jun 1: Exploring the Prophets, 8:45 pm
- Sat Jun 6: Shabbat Study Group, 12:45 pm
- Sun Jun 7: Liberal Zionism, 9:45 am
- Mon Jun 8: Torah & Tea, 1:30 pm
- Sun Jun 14: Book Club, 10 am (Zoom)
- Mon Jun 15: Torah & Tea, 1:30 pm
- Mon Jun 15: Exploring the Prophets, 8:45 pm
- Thu Jun 18: Rabbi's Roundtable, 10:30 am
- Sat Jun 20: Shabbat Study Group, 12:45 pm
- Mon Jun 22: Torah & Tea, 1:30 pm
- Mon Jun 29: Torah & Tea, 1:30 pm
- Mon Jun 29: Exploring the Prophets, 8:45 pm

JULY:

- Mon Jul 20: Torah & Tea, 1:30 pm
- Mon Jul 27: Torah & Tea, 1:30 pm
- Mon Jul 30: Exploring the Prophets, 8:45 pm
- Thu Jul 30: Rabbi's Roundtable, 10:30 am

AUGUST:

- Mon Aug 3: Torah & Tea, 1:30 pm
- Mon Aug 3: Exploring the Prophets, 8:45 pm
- Mon Aug 10: Torah & Tea, 1:30 pm
- Mon Aug 17: Torah & Tea, 1:30 pm
- Mon Aug 24: Torah & Tea, 1:30 pm
- Thu Aug 27: Rabbi's Roundtable, 10:30 am
- Mon Aug 31: Torah & Tea, 1:30 pm

have any other questions, please email Stacey or Caryn at jewishgenealogy.mercer@gmail.com.

Shabbat Study Group meets after services

The Shabbat Study Group meets in person Saturdays at 12:45 p.m. following select Shabbat services. Check above for dates or see the calendars on pp. 18–19.

Werner Lecture Fund

The Werner Lecture Fund is looking for new members. Please join us in planning and running our varied events. Contact June Newman at junewman239@gmail.com.

The Werner Lecture Fund has a new email address: wernerlecture@gmail.com.

At the Bildner Center

The Allen and Joan Bildner Center for Jewish

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Adult Education

Continued from p. 8

Life at Rutgers University is celebrating 25 years of fostering community through public programs that educate, engage, and entertain. For more information, go to bildnercenter.rutgers.edu.

June 29–30, virtual seminar: “Young People: Before, During, and After the Holocaust”. The Herbert and Leonard Littman Families Holocaust Resource Center. FREE Professional Development for Educators. Share with a teacher in your life!

Explore the history of Jewish and German youth movements in Europe and the United States and encounter young people’s experiences through their personal memoirs. Find out more about the resistance efforts of Girl Guides and Girl Scouts and the mission of the new Holocaust Education Girl Scout Patch Program. Connect with a peer teacher network in small group discussions and dynamic pedagogical sessions.

Presented by: Maria Ferenc, research fellow at the University of Wrocław, Poland; Bradley W. Hart, senior historian at the Jenny Craig Institute for the Study of War and Democracy at the National WWII Museum in New Orleans; Angela West, professor of history and program coordinator at Drew University’s Center for Holocaust/Genocide Study; and Emily Loeb, director of the Pittsburgh Holocaust Center, guiding public programming, educational initiatives, and community engagement.

Holocaust education is mandated in the curriculum of all New Jersey public schools. The Bildner Center’s free professional development programs for middle and high school teachers offer vital resources to teach this complex topic.

For more information and to register, please go to <https://bildnercenter.rutgers.edu/holocaust-education/master-teacher-institute/youth-before-during-and-after-the-holocaust>.

Miller Intro to Judaism Series—From American Jewish University

Introducing the Miller Intro Signature Series—an expanded, all-access way to experience the 18-week journey. It is a deeper, more immersive

way to step into Jewish life—guided by a cohort of rabbis— Rabbi Janice Mehring, Rabbi Adam Greenwald, and Rabbi Nico Losorelli—each bringing their own voice and perspective, with opportunities for deeper engagement throughout the course. Add to your learning with optional Hebrew decoding to begin reading Jewish texts, and explore Jewish life beyond the classroom through curated Los Angeles field trips (with virtual access for all participants). Together, they create a dynamic, layered learning experience that goes beyond the fundamentals and invites you into something more meaningful, more personal, and more transformative.

You’ll also have access to Program Director Rabbi Tarlan Rabizadeh, Vice President for Jewish Engagement, offering more personalized guidance, connection, and support throughout your journey.

Grounded in the trusted Miller foundation and designed for greater depth, access, and community, this is a more immersive way to begin your Jewish journey. Join from anywhere. This course is taught virtually and welcomes students worldwide, with optional in-person experiences for those in Los Angeles.

The course begins Thursday, June 21, at 10 a.m. PT/1 p.m. ET.

Tuition: Early Bird Rate (through June 8): \$585 individual/\$810 couple. After June 8, \$650 individual/\$900 couple.

For more information and/or to register, please go to <https://americanjewishuniversity.regfox.com/miller-intro-signature-rabbis-cycle>

At JTSA

The Jewish Theological Seminary of America presents the following program:

Mon., June 8, 1–2:15 p.m. (online): “Jewish Storytelling and American Law in Post-WWII America.” With Dr. Shira Billet, Assistant Professor of Talmud and Rabbinics.

Part of Our Summer 2026 Learning Series, America at 250: Jewish Ideas and the American Experiment

In the decades after World War II, Jewish American legal thinkers began drawing on biblical and rabbinic stories to help explore fundamental questions of constitutional interpretation. The work of Robert Cover in the 1980s, first developed in the context of the Vietnam war, is the most famous and influential example. But lesser-known

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SUMMER
2026

JTS in the Berkshires

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that illuminates
the Jewish past and
shapes the Jewish future.

JTS in the Berkshires 2026

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AUGUST 7, 2026, 10:30–12:00 P.M.

Join JTS scholars Rabbi Ayelet Cohen and Dr. Shira Billet for inspiring learning that illuminates the Jewish past and shapes the Jewish future.

[REGISTER NOW](#)

<https://www.jtsa.edu/event/jts-berkshires-summer-2026/>





Beth El Synagogue Men's Club

We finish off the 2025–26 calendar with ABC Shabbat on Friday, June 26. I know that Beth El's VP of Programming Jonathan Schaffel is hard at work planning the dinner, and if there is anyone that would like to help prep, setup, or cleanup, I'm sure he would love the support. Just reach out to me if you are available and interested.

Sunday, June 7, is Deli night. The cost is \$16 per person. Please RSVP by Wednesday, June 3, so we can get a count to place our order.

The Quad Regional Retreat is also coming up fast occurring June 12–14 in the Poconos. Guys will come together for Shabbat and a lot of fun in a great setting. The cost for first-time attendees is only \$195 and \$295 for everyone else. I have always heard great things about these retreats and I really wish I could go. Check out the regional website at njjr.org for more information.

Marshall Alter continues to hold a monthly Yoga class, which is another great way to unwind (Tuesdays, June 23, July 28). Let us know if you are interested.

Going into next year we will have our staple of programs. There is room on the calendar to add a few more things. If you have any ideas for fun ways to bring Jewish guys together, we would love to hear them. We don't have much of a formal Board, and we keep things really low key. If you would like to help steer some of what we do, joining our board is not a major commitment and we would

continued on p. 13

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PURCHASE E-GIFT CERTIFICATES ONLINE!

Not everyone can get to the Synagogue office or see Cheryl to purchase gift certificates, so you go to the store to pick them up. Unfortunately, if you do this, Sisterhood does not get the benefit!

However, if you log on to Raiseright.com and enter **CODE:EEEE3E1959L3**, you can order, pay, and immediately receive a printable e-gift certificate while benefiting Sisterhood! You need to create an account and link a payment method. Charge cards will incur a fee, but if you link a bank account, there is a flat rate (for any size order) of only 29 cents! I cannot tell you how handy this has become when I completely forget a birthday or anniversary! You have the option to print the certificate, enclose it in a card and send, OR email it to the recipient of the gift!

The discount on the cards is given directly to Sisterhood. Purchasers pay and receive face value—if you pay \$50, you receive a \$50 card.

THE ONLY CAVEAT IS THAT DUE TO KASHRUTH AS REQUESTED BY RABBI KORNSGOLD, PLEASE DO NOT ORDER RESTAURANT GIFT CERTIFICATES. SUPERMARKETS, WAWA, DUNKIN DONUTS, STARBUCKS, QUICK CHECK, 7 ELEVEN (and some others) ARE OKAY BUT RESTAURANTS ARE NOT. PLEASE BE RESPECTFUL OF THIS REQUEST.

If you have any questions, email Cheryl Bardin (cbardin768@gmail.com) or Ellen Botwin (ebotwin@gmail.com).

Enjoy and thank you!



Every month I sit in front of the computer trying to figure out how I am going to start my article and what to write about. This month is no different. There is so much happening around the world and even here in our little home away from home, Beth El Synagogue.

May brings renewed life as in flowers. Spring tends to be bright and beautiful with the colors and smells, and June has people looking forward to the end of the school year and summer vacations. When I was a child living in Brooklyn, we used to go to the Catskills every summer. When we moved to East Windsor, my mother would say, there is no reason to go to the 'country' anymore because we now live in the country. We spent the summers going to the pool and playing with friends.

The Bensons are going to spend this summer celebrating! Our daughter completes grad school, our first grandchild will be born in the beginning of the summer, and, in August, we will welcome a new daughter when our third son marries the love of his life. Anybody who knows me knows that my family is my everything and with it growing, makes my heart even bigger.

On April 19 Women's League had our annual Paid-Up Membership Brunch. Karen Abrams, VP Membership, and Stacey Karp, Corresponding Secretary, did a wonderful job putting it together. Everyone had a good time and ate delicious food. Denise Brand arranged for a speaker from National Women's League to discuss Torah Fund and to help revive it at Beth El Synagogue. Denise joined Beth El and Women's League not long ago. She was involved in Women's League at her previous synagogue and will be Torah Fund chair with us. Welcome and thank you, Denise.

I would like to thank Brian Albert and Benjamin Benson. Brian has helped everyone with tech issues since he joined Beth El many years ago. Benjamin assisted Women's League at the brunch with various items—the two he could not figure out, Brian was able to help out. Benjamin and Brian, both helped Women's League without a problem. They came, when asked, immediately. Again, thank you, Benjamin and Brian.

Women's League is here to help Beth El Synagogue and we need your help. Gift cards are sold for grocery stores, local stores, escripts and many other places. The back of the Shalom has the names of the stores. After completing your obligation, just continue

continued on p. 30

No fee for charging food gift cards

Thank you so much to those of you who have been purchasing food gift certificates to meet your obligation. However, there is no need to stop buying them once you've reached your obligated amount. You can absolutely switch to charge cards. Women's League does not charge 3% extra for the gift cards. If you're now looking to get your points, rewards or miles, you can certainly still do that by charging your ShopRite or McCaffrey's. Call Cheryl at 448-7860 for additional information. ♣

Do You Love Getting Refunds?

Did you know that Women's League loves to give you money? Here is all you need to do. Beth El Women's League offers non-grocery store gift cards that are easy for you to use. They all qualify for our Loyalty Rewards Money Back plan. Just earn \$30 in loyalty rewards and you will get 1/3 of that back in a check at the end of each year. Here's an example—if you buy \$100 in Barnes & Noble gift cards, \$8 in loyalty rewards goes to your account. At the end of the year, you will receive \$3.33 for every \$10 of loyalty rewards that you earned. That's better than any credit card money-back offer and gives benefits to Beth El, too.

Women's League uses all the monies it earns to provide programs for the synagogue, and to purchase and maintain equipment for the kitchen and the building (a new refrigerator or a new lawnmower.) Every dollar is really appreciated and provides much-needed funds for our synagogue.

Here are just a few of the stores we carry:

Amazon, Barnes & Noble (great teacher gifts); Bath & Body Works; CVS; Dunkin Donuts (great teacher gifts); Gap/ Banana Republic/Old Navy; Gymboree; Home Depot; Kohls, Lands' End (order online); Lowe's; Macy's; Pottery Barn/Williams-Sonoma (great wedding gifts); Staples (for all those office needs); Starbucks; TJ Maxx/ Marshalls/Homegoods (great stores for great savings); Target (everyone loves Target!)

Are you ordering online from Amazon, Barnes & Noble, Pottery Barn, etc? Before you touch that "Add to my cart" button, check us out. Beth El Women's League can offer you gift cards that are no more difficult than using your credit card. Sure, you lose a few airplane or reward miles, but think of how much your purchase will mean to the Synagogue.

If these stores interest you, please contact Cheryl Bardin at 448-7860 or cbardin768@gmail.com or Jennifer Gertsman at 917-301-6114 or jfgerstman@yahoo.com, and we will help you with all your gift card needs. ♣

Tell Women's League when you're ill

Just as Women's League provides candlesticks or kiddush cups to the Synagogue's *b'nai* and *b'not mitzvah*, baby books to new parents, and Shiva meals to mourners, Women's League also provides a gift card to Barnes & Noble and its wishes for *refuah shlema* to anyone who is seriously ill or has had significant surgery—but we have to know that you are ill or have had surgery. When you or your family member notify either Rabbi Kornsgold or Rabbi Nover about your illness or surgery, please also take a moment to notify Women's League, or ask either of the Rabbis to do so on your behalf. Anyone in Women's League can be notified, but an e-mail to Tamara Ostrowsky at ostrowsky4@aol.com is the most efficient notice. Thank you. ♣

Women's League Leagrams

Sometimes we are just so busy, we forget to wish a friend or acquaintance a happy birthday or anniversary. We don't have the time to buy the card. We don't have the time to mail it or it's left on the counter, forgotten.

Women's League takes the worry away! If you'd like to wish a Beth El member a happy birthday or anniversary, all you have to do is fill out the Leagram form and send it to Beth Frenkel! Members of Women's League earn 50¢ in Loyalty Rewards for every card sent. This can add up and is counted toward your total Loyalty Rewards.

Simply fill out the form found on p. 9 of the *Shalom* every other month (also available on the rack on the wall outside the Synagogue office) or print out the attachment found in the weekly online newsletter. Send it along with your check (payable to Beth El Synagogue) to Beth Frenkel, 50 Brooklawn Dr, East Windsor, NJ 08520, by the 15th of every month. Cards are sent out a few days prior to the event. No fuss, no worry—we do it all for you! ♣



The Beth El Seniors of Beth El Synagogue
Invite You to Our Annual Opera Gala entitled



Meetings and Partings

Sunday, June 14, 2026 at 3:00 PM

Featuring operatic arias, duets, and ensembles by
Bellini, Bizet, Carpentier, Giordano,
Mozart, Massenet, Portman, Puccini, Tchaikovsky,
and Verdi

performed by
Bethann Dilione, soprano
Eve Edwards, soprano
Cecelia Kepping, soprano
Dora Schnur, soprano
Alicia Melendez, mezzo soprano
Brittany Morgan, mezzo soprano
Clifford Bechtel, tenor
Chris Lorge, tenor
Chaka Allen, baritone

with Joseph Krupa at the piano

Reservations required by June 10th
\$20 / person (no walk ins)
Please call Synagogue Office at 609-443-4454.
Checks will hold reservations and
should be made out to Beth El Seniors with OPERA
written in memo space & must be sent to
Beth El Synagogue,
50 Maple Stream Rd., East Windsor, NJ, 08520
Open to the Community



Beth El Seniors

My thanks to everyone who participated in Hazak Shabbat services on May 16. Thank you also to everyone who attended services that day, and to the Kiddush Committee for preparing the Kiddush luncheon that day. It is all very much appreciated.

Hazak Shabbat next year will take place on Saturday, June 5, 2027. The parsha will be the same, Bamidbar. Mark your calendars now, if you already have a 2027 calendar

Our final regular program of the year, Food and a Flick, took place on May 28. We enjoyed a lovely lunch, and the movie was The American President, with Michael Douglas and Annette Bening and an all-star cast. A good time was had by all.

The final program of the year will be the Opera Gala, on Sunday, June 14. The theme this year is "Operatic Meetings and Partings." Tickets are \$20 each. The flyer for the opera on p. 12 opposite. Your reservation will be your ticket. You can make your reservation either by emailing the synagogue at office@bethel.net, calling the synagogue office at 609-443-4454, or by mailing your check, made payable to the Beth El Seniors, to the Synagogue, 50 Maple Stream Road, East Windsor 08520, with the notation "opera" in the memo line. If you do call in or email your reservation, the ticket payment will be collected at the door.

We are already working on our programs for next year. September will feature our Italian Café; Susan Edelstein will talk to us in October about the Jewish contribution to the American Revolution; November's program will be about Jewish music (I'm not doing this justice—I cannot find the correct program description!); and December will be about gleaning our genealogy through Jewish food customs. It will be another exciting year to look forward to

Our meetings are open to everyone, whether you are a member or not, although we would love to have you officially join us.

Summer is hopefully on its way. Dora and I look forward to seeing you at the opera.

B'Shalom,

—Tamara Ostrowsky,
ostrowsky4@aol.com

Men's Club

Continued from p. 10

love to have you and your fresh ideas. Please reach to Brian at bealbert@ayhoo.com if you are interested.

Have a great Summer,

—Brian Albert and Bob Held,
Men's Club Co-Presidents

Rosh Chodesh Group meets June 13

The group will meet for Rosh Chodesh Tamuz at 7 p.m. on Sunday, June 14.

We are currently working on next year's calendar. Please contact Danna at drlivstone@gmail.com for details.

We are especially happy to encourage women and girls (ALL Jewish women--you don't have to attend Rosh Chodesh Group to participate) who haven't done this before but are feeling brave enough to try!

If you can help with setting tables, heating food, cleaning up, or shopping for the dinner, please let Danna <drlivstone@gmail.com> know.

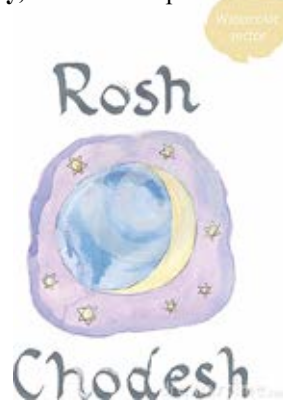
Would you like to receive regular emails from Rosh Chodesh group (generally 1–2 a month)? Let Danna <drlivstone@gmail.com> know and she will add you to the list!

Now entering its seventh year, our Rosh Chodesh Group is open to all women post-Bat Mitzvah age! We have wonderful women of different generations and backgrounds at our events, whether in person or virtual. It is an opportunity to share, learn, and celebrate the new month together.

Some of our meetings are virtual, some are in person, so please get on our email list to find out which are which. There is no obligation to attend every meeting—come when you want to, skip when you want to!

Here are our remaining scheduled meetings:

Sunday, June 14—7 p.m.



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If you are ill

Reminder: If you or a member of your family is ill or in the hospital, please call the Synagogue Office (609-443-4454) to let us know, otherwise our clergy will not know about your situation—due to privacy regulations, hospitals are prohibited from informing us about their patients. Please let us know if someone in the family is ill. Thanks.

(For information about our member *Bikur Cholim* program, please see "Reaching Out to The Ill" on p. 21, 26)

ISRAEL AFFAIRS



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For more information on the Fuchsberg Jerusalem Center and how to support it, call Ron Friedman, 646.519.9260 or e-mail, friedman@uscj.org
Go to our website, www.uscj.org and click on the Israel tab at the top.



From the Committee

We didn't forget about our obligation to provide Israel news, updates and education to you, our members. However, the focus of many speakers and educators has been trying to keep up and understand the ever-changing situation in the Middle East. Please be assured that our "feet are on the ground" and we hope to provide programs soon. If anyone has any ideas or questions please do not hesitate to contact us.

—Anita Fray & Trudi Perlman,
Co-Chairs, Israel Affairs Committee ♣

Donations

continued from p. 6

Sustaining Membership Program:

- Tova and David Ladley For the yahrzeit of Allen Katz
- Tova and David Ladley
- Tamara and Stu Ostrowsky For the yahrzeit of Barney Ostrowsky

The Future We Can Share Campaign:

- Jill and Brian Chevlin In honor of the marriage of Taylor Wasserman to Brandon Garber ♣

Looking for New Insurance?

As the insurer of Beth El Synagogue we welcome you to contact our office for all of your insurance needs

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To:
Prime Minister Netanyahu, President Herzog, Speaker Ohana, and
members of Knesset,

I _____ strongly oppose MK Avi Maoz and MK Yariv
Levin's extreme legislation to delegitimize Conservative and Reform
Jews and drive us away from the Kotel by threatening us with prison
time for praying according to our custom at the Egalitarian Kotel.

To sign, please go here: <https://tinyurl.com/z3r7vsaj>



Be a Minyan Maker—We'd Love to See You!

Our congregants rely on Beth El to provide weekday services with a Minyan, the minimum of 10 Jewish adults needed to say Kaddish and some other prayers. It has been a challenge, but we appreciate those who have been able and willing to come to services to help.



Each week, we ask a small group of members to attend at least one of the weekday Minyan services (also, please see the list of Legal Holiday Minyan on pp. 4, 22). If you are in a position to attend in person, could you possibly attend one of the services in the upcoming weeks? Please let us know if you're planning to attend, so that we may plan accordingly and reach out to others if it looks like we will need more to ensure a Minyan.

Evening services usually take less than half an hour.

If it is "your" week (see below), we ask that you find time to attend one of the following services. If you cannot work it into your schedule this week, remember that your presence is always welcome at any time throughout the year. We'd love to see you...again!

If you have any questions, you are welcome to contact minyan@bethel.net.

Daily Minyan Times: Sunday: 8:45 a.m.; Mondays & Wednesdays: 8 p.m.; Thursday: 7:15 a.m. (7 a.m. on Rosh Chodesh). For holidays and other occasions, please see the calendars on pp. 18-19.

If you can't make it this week, join us next week... or some other time that's more convenient!

Thank you.

—The Beth El Minyan *

Each week we have traditionally asked a small number of congregants to help make that Minyan—here are the groups for the upcoming weeks (Sunday-Shabbat)*:

Rothschild/Chopp-Sisken	Jun 7-13
Small-Wolfe	Jun 14-20
Abbott-Berliner	Jun 21-27
Berlinsky-Coe	Jun 28-Jul 4
Cohen-Garrison	Jul 5-11

* List updated as of June 1, 2026

Gelfand-Hemel	Jul 12-18
Heringer-Klein	Jul 19-25
Klein-Mandelbaum	Jul 26-Aug 1
Marder-Ostrowsky	Aug 2-8
Ostrowsky-Fabisch-Rotella	Aug 9-15
Rothschild/Chopp-Sisken	Aug 16-22
Small-Wolfe	Aug 23-29
Abbott-Berliner	Aug 30-Sep 5
Berlinsky-Coe	Sep 6-12
Cohen-Garrison	Sep 13-19
Gelfand-Hemel	Sep 20-26
Heringer-Klein	Sep 27-Oct 3
Klein-Mandelbaum	Oct 4-10
Marder-Ostrowsky	Oct 11-17
Ostrowsky-Fabisch-Rotella	Oct 18-24
Rothschild/Chopp-Sisken	Oct 25-31
Small-Wolfe	Nov 1-7
Abbott-Berliner	Nov 8-14
Berlinsky-Coe	Nov 15-21
Cohen-Garrison	Nov 22-28
Gelfand-Hemel	Nov 29-Dec 5
Heringer-Klein	Dec 6-12
Klein-Mandelbaum	Dec 13-19
Marder-Ostrowsky	Dec 20-26
Ostrowsky-Fabisch-Rotella	Dec 27-Jan 2

2027

Rothschild/Chopp-Sisken	Jan 3-9, 2027
Small-Wolfe	Jan 10-16
Abbott-Berliner	Jan 17-22
Berlinsky-Coe	Jan 23-29
Cohen-Garrison	Jan 30-Feb 5
Gelfand-Hemel	Feb 6-12
Heringer-Klein	Feb 13-19
Klein-Mandelbaum	Feb 20-26 *

Remember:

- ✧ You may come any day in addition to the week assigned.
- ✧ You may bring any family members or friends.
- ✧ Women, men & youths over 13 count for the Minyan.
- ✧ You earn Mitzvah credits! (From a Higher Authority.)
- ✧ People will be available when you need a Minyan.
- ✧ Saying Kaddish helps elevate a loved one's soul to a higher plane. (Yours too!) Thank you all! *

Service Leaders

Brian Albert, Michael Benson, Murray Brenman, Larry Epstein, David Grayson, Rachel Katz, Sonia Kobrin, Leslie Kornsgold, Rabbi Jay Kornsgold, Rita Kraft, Pam Kreiger, Jack Ladley, Leora Ladley, Noa Ladley, Rabbi Matt Nover, Fred Passman, Trudi Perlman, Laurie Pincus, Marc Pincus, Adaina Rosef, Herb Rosengarten, Wendy Rotella, Daniel Rushevsky, Dora Schnur, Susan Schwirck, Jonathan Steinberg, Bill Weinstein *

TREE OF LIFE

Thank you to all those members who have decided that adding a leaf to the Tree of Life was a good idea for themselves and their families. Not only is the inscription "front and center" at the synagogue, it is there forever.

Please consider buying a leaf so that the Tree can continue to grow to its full capacity. Call the synagogue office at 609-443-4454 for details. *

Celebrate Your Birthday & Anniversary at Beth El

We will continue to offer a special prayer on the second Friday of each month and the fourth Saturday morning of each month for all those children and adults celebrating a birthday and/or anniversary during that particular month.

What a wonderful way to celebrate these happy times in our lives by attending services, giving thanks to God and coming together with your Beth El family.

For those celebrating birthdays and/or anniversaries in **June and July**, we look forward to welcoming you to services on: **Friday, June 12, and Saturday, June 27**; and **Friday, July 10, and Saturday, July 25!** *



Volunteer to Lead

The Ritual Committee is always pleased when people express an interest in leading services or chanting a Torah *Parshah* or a *Haftarah*. If you have any interest, please contact Rabbi Nover about leading Shacharit or *leyning* (chanting) a part of the Torah—or doing other parts of the service.

Contact Barbara Kurlan (448-8783) or Larry Epstein (642-6543) to schedule a *Haftarah*.

Please note that we may have to make last-minute alterations to a service but we try to honor requests made in advance. *



Please let us know if you have named
Beth El Synagogue in your will.
*We'd like to include you among our
Life & Legacy Promise Makers.*



To make or formalize a Life & Legacy Promise
please contact Rabbi Kornsgold or Marc Perlman,

or: • call 609-240-9511

- email info@foundationjewish.org
- visit <https://FoundationJewish.org>

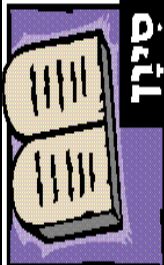

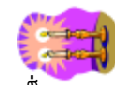
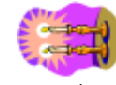



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JUNE 2026

Sivan/Tamuz

5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>16 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Scholar in Residence Planning Meeting, 7 pm Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>17 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>18 Minyan, 8 pm</p> <p>Ritual Committee, 8:30 pm (Zoom)</p>	<p>19 Minyan, 7:15 am</p> <p>Women's League Board, 6:30 pm</p>	<p>20 Minyan, 8:06 p.m.</p> <p>Shabbat Service, 6 pm Religious School Graduation, 7 pm Graduation Dinner, 7:15 pm</p> 	<p>21 Minyan, 8:45 am</p> <p>USY End of Year Trip Liberal Zionism, 9:45 am (in person & Zoom) Sharim v'Sharot Concert, 3 pm Men's Club Deli Night, 6 pm</p>	<p>22 Minyan, 8:45 am</p> <p>Book Club, 10 am (Zoom) Seniors Afternoon of Opera, 3 pm Rosh Chodesh Group, 7 pm</p>
<p>23 Minyan, 8 pm</p> <p>Rosh Chodesh Tamuz</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>24 Rosh Chodesh Tamuz 16</p> <p>Holy Rollers, 12:30 pm</p>	<p>25 Minyan, 8 pm</p> <p>Young Members Task Force Meeting, 7:30 pm (Zoom) Synagogue Board, 8:30 pm</p>	<p>26 Minyan, 7:15 am</p> <p>Calendar Meeting, 7 pm (Zoom)</p>	<p>27 Minyan, 8:45 am</p> <p>Juneteenth Synagogue Office closed</p> <p>Shabbat Service, 6 pm June Birthdays and Anniversaries</p> 	<p>28 Minyan, 8:45 am</p> <p>Fathers Day</p>	<p>29 Minyan, 8:45 am</p> <p>Men's Club Delight, 6 pm</p>
<p>6 Minyan, 8:45 am</p> <p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon, 12:15 pm Shabbat Study Group, 12:45 pm Be'ha' alotecha Shabbat ends, 9:06 pm</p>	<p>7 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>8 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>9 Minyan, 8 pm</p> <p>Men's Club Yoga with Marshall Alter, 7:30 pm</p>	<p>10 Minyan, 8 pm</p> <p>Hadassah Sijp & Savor, 7 pm Sulam meeting, 7:30 pm</p>	<p>11 Minyan, 8:13 p.m.</p> <p>Shabbat Service, 6 pm ABC Shabbat Congregational Dinner, 7:15 pm</p> 	<p>12 Shabbat Ends, 9:13 pm</p> <p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon sponsored by Pam Krieger and Stan Krieger and by Simon Rosol and Peishan Ang, 12:15 pm Shabbat Study Group, 12:45 pm Korach Shabbat ends, 9:12 pm</p>
<p>13 Minyan, 8:45 am</p> <p>Shabbat Service, 9 am College Grad Shabbat Junior Congregation, 10:30 am Mevarchim / Shelach Shabbat ends, 9:10 pm</p>	<p>14 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>15 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>16 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>17 Minyan, 8 pm</p> <p>Men's Club Delight, 6 pm</p>	<p>18 Minyan, 8:45 am</p> <p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon sponsored by Pam Krieger and Stan Krieger and by Simon Rosol and Peishan Ang, 12:15 pm Shabbat Study Group, 12:45 pm Korach Shabbat ends, 9:12 pm</p>	<p>19 Minyan, 8:45 am</p> <p>Shabbat Service, 9 am Beginners Junior & Junior Congregation/Tot Shabbat, 10:30 am Kiddush Luncheon sponsored by Pam Krieger and Stan Krieger and by Simon Rosol and Peishan Ang, 12:15 pm Shabbat Study Group, 12:45 pm Korach Shabbat ends, 9:12 pm</p>
<p>29 Minyan, 8:45 am</p> <p>Fathers Day</p>	<p>30 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>31 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom) Exploring the Prophets, 8:45 pm (Zoom)</p>	<p>32 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>33 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>34 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>	<p>35 Minyan, 8 pm</p> <p>Torah & Tea, 1:30 pm (in person), 2 pm (Zoom)</p>


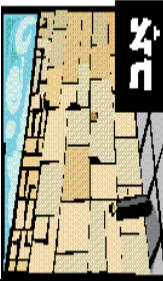
JUNE 2026 CANDLE LIGHTING



SHABBAT

FRI JUNE 5 8:06 PM
FRI JUNE 12 8:10 PM
FRI JUNE 19 8:12 PM
FRI JUNE 26 8:13 PM

MAY 2026		JULY 2026	
31	1	1	1
30	2	2	2
29	3	3	3
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																																																
 <p>5 Minyan, 8:45 am</p>	 <p>6 Minyan, 8 pm</p>	<p>7 Synagogue Board, 8:30 pm</p>	<p>16 Minyan, 8 pm</p>	<p>17 Minyan, 7 am Fast of Seventeenth of Tamuz</p>	<p>18 Synagogue office closed Shabbat Service, 6 pm</p>	<p>19 Independence Day (US) Shabbat Service, 9 am Summer Sermon Series begins <i>Pinchas</i> Shabbat ends, 9:13 pm</p>																																																																																																																																
<p>20 Minyan, 8:45 am</p>	<p>21 Minyan, 8 pm</p>	<p>22 Minyan, 8 pm</p>	<p>23 Minyan, 8 pm Rosh Chodesh Av The Nine Days begin</p>	<p>24 Minyan, 7:15 am</p>	<p>25 July Birthdays and Anniversaries Shabbat Service, 6 pm</p>	<p>26 Shabbat Service, 9 am <i>Mevarchim / Matot-Masei</i> Shabbat ends, 9:11 pm</p>																																																																																																																																
<p>27 Minyan, 8:45 am</p>	<p>28 Minyan, 8 pm</p>	<p>29 Minyan, 8 pm</p>	<p>1 Minyan, 8 pm</p>	<p>2 Tisha B'Av morning service, 7 am Tisha B'Av Mincha service, 1:30 pm Fast ends at nightfall</p>	<p>3 Shabbat Service, 6 pm</p>	<p>4 Shabbat Service, 9 am July Birthdays and Anniversaries <i>Nachamu / Vaetchanan</i> Shabbat Ends, 9:02 pm</p>																																																																																																																																
<p>5 Minyan, 8:45 am</p>	<p>6 Minyan, 8 pm</p>	<p>7 Minyan, 8 pm</p>	<p>8 Minyan, 8 pm</p>	<p>9 Minyan, 7:15 am</p>	<p>10 Shabbat Service, 6 pm Shabbat in the Park, Monroe</p>	<p>11 Shabbat Service, 9 am <i>Hazon / Dvarim</i> Shabbat ends, 9:07 pm</p>																																																																																																																																
<p>12 Minyan, 8:45 am</p>	<p>13 Minyan, 8 pm</p>	<p>14 Men's Club Yoga with Marshall Alter, 7:30 pm</p>	<p>15 Minyan, 8 pm</p>	<p>16 Minyan, 7:15 am</p>	<p>17 7:55 p.m.</p>	<p>18 Shabbat Service, 9 am</p>																																																																																																																																
<p>JULY 2026 CANDLE LIGHTING</p> <table border="1"> <tr> <td>SHABBAT FRI JULY 3</td> <td>8:13 PM</td> </tr> <tr> <td>FRI JULY 10</td> <td>8:11 PM</td> </tr> <tr> <td>FRI JULY 17</td> <td>8:07 PM</td> </tr> <tr> <td>FRI JULY 24</td> <td>8:02 PM</td> </tr> <tr> <td>FRI JULY 31</td> <td>7:55 PM</td> </tr> </table>							SHABBAT FRI JULY 3	8:13 PM	FRI JULY 10	8:11 PM	FRI JULY 17	8:07 PM	FRI JULY 24	8:02 PM	FRI JULY 31	7:55 PM																																																																																																																						
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Beth El
Synagogue

MEN'S CLUB **DELI NIGHT**

Sunday, June 7

6:00 pm



Beth El Synagogue

50 Maple Stream Road-East Windsor

\$16 per person

Checks payable to Beth El Men's Club

Open to the community

For more information and to
RSVP by Wednesday, June 3
email: mensclub@bethel.net

Beth El Synagogue-50 Maple Stream Road-East Windsor-NJ

609-443-4454

www.bethel.net



Social Action

—Peri Orlando (perirorlando@gmail.com)
 Rachel Goemaat (rgoemaat@gmail.com),
 Co-Chairs

Social Action Committee Seeks New Members

Beth El's Social Action Committee is seeking new members. Contact Peri Orlando or Rachel Goemaat.

English B'Yachad—Online English Tutoring

Volunteer as an English Tutor to Ethiopian Israeli adults who seek improved English fluency and confidence to better compete in the Israeli job market. No prior tutoring experience or Hebrew skills required and the commitment is as little as 1.5 hours a week. Join our community of volunteer tutors impacting the lives of Israelis by volunteering in Israel, from home.

You can get more information at www.skillvolunteerisrael.org.

To learn more, check out the promo video on YouTube (<https://www.youtube.com/watch?v=AW73EKa99TQ>), or contact Marla Gamoran, the program director, at mgamoran@skillvolunteerisrael.org

You can also contact Beth El member Myra Epstein at epstein_myra@yahoo.com. Myra has been a volunteer in this program for three years.

Ukrainian Relief Fund

The Jewish Federation of Princeton Mercer Bucks has established a Ukraine Emergency Relief Fund to provide critical assistance to more than 200,000 Jews in

Ukraine. Please support this effort.

The crisis in Ukraine is escalating quickly. Thousands have come under fire and many are attempting to leave the country. Our Federation recently approved a \$10,000 allocation to American Jewish Joint Distribution Committee (JDC), The Jewish Agency for Israel, and World Ort to support on-the-ground humanitarian effort.

There are immediate and short-term needs totaling \$20 million. Your support will:

- Provide life-saving food and medicine and maintain critical welfare services
- Secure temporary housing for people in transit, escaping the conflict zones
- Launch an emergency helpline and maintain communication across the region
- Help people make Aliyah
- Assist internally displaced people in multiple locations
- Secure local Jewish schools and institutions and train staff to manage crisis needs.

To donate, go here: <https://jewishpmb.givngfuel.com/ukraine-emergency-campaign>.

Bikkur Cholim—reach out to the ill

When illness strikes, a most meaningful way to show Beth El's community "haimishe" character is to pay a visit. Bikkur Cholim—Beth El's committee that makes visitations—needs your support. Please volunteer to be available when called upon to make a visit when the need arises.

If you volunteer at an area hospital and can visit a member who has been admitted; please contact Betsy Weiss.

See our ad on p. 26! Thank you.

—Betsy Weiss (609-933-8451;
medicalappeals@comcast.net)

Yad B'Yad

Beth El's Yad B'Yad committee ensures that when a member is in need of some help—perhaps during a health crisis, a family problem, an age related issue—whatever the problem be—your Beth El community is here to help you during difficult times. Email Barbara Kurlan (609-448-8783; bhk52@aol.com) or Paul Stollman (609-448-3520; [\[aol.com\]\(http://aol.com\)\).](mailto:pstollman1@</p>
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Kosher Food Pantry needs food

The Yvette Sarah Clayman Kosher Food Pantry is in desperate need of food to provide those who are in need. Please consider bringing in an item to the synagogue. We thank you for your support, but more so, feel good about the wonderful Mitzvah you will be doing.

Please make sure your food donation is kosher and remember to check the expiration date.

Thank you!

Greenwood House Kosher Meals on Wheels

Greenwood House is looking for reliable volunteers to deliver for their Labbok Kosher Meals on Wheels Program. For over 30 years Greenwood House has provided low-cost and nutritious kosher meals to Jewish and non-Jewish elderly, homebound, and disabled individuals in Ewing, Lawrence, Trenton, and surrounding areas.

Many of their most dedicated volunteers are aging and limited in their ability to serve. Without new volunteers, Greenwood House will need to reduce the number of days they deliver meals, limit the number of their clients, and/or service a much smaller geographic area.

Volunteers must have a car and be available to deliver meals between approximately 11 a.m.–1 p.m. Even a commitment of one day a month would be helpful.

Please contact Greenwood House at (609)718-0595, extension 320, if you or someone you know might like to get involved in this endeavor.

Kosher Meals On Wheels

As you leaf through or scroll down the pages of the *Shalom*, you will find on p. 26 an ad from Jewish Family and Children's Service for Meals

Continued on p. 29

KOSHER FOOD PANTRY

Please bring Kosher food to our Yvette Sarah Clayman Kosher Food Pantry box located in the cloakroom. Help feed the Jewish needy in our community. Beth El is now collecting food for the pantry, a project of the Jewish Family and Children's Service, on a year-round basis.

For further information, please contact the synagogue office at 443-4454.



Boxes To Fill At Beth El

- Undie Sunday
- Eye Glasses For 'Lions'
- Yvette Sarah Clayman Kosher Food Pantry
- and any other boxes you see!

HOD Society

Halachic Organ Donor Society

www.hods.org

CEJL

Coalition on the Environment and Jewish Life

Protecting Creation, Generation to Generation

www.coejl.org

Adult Education

Continued from p. 9

figures such as Edmund Cahn and JTS professor Shalom Spiegel began developing this discourse in the context of the postwar moment in 1950s America, and the civil rights movement that emerged in its wake.

Dr. Shira Billet examines how these figures, and others, brought Jewish narrative traditions into American law schools and legal thought, shaping new ways of thinking about law, interpretation, and the relationship between law and ethics.

To register, please go to <https://inspired.jtsa.edu/event/america-at-250-jts-webinar/e778942>

If you have previously registered for another session in this series, your registration admits you to all sessions in the series, and you may attend as many as you'd like.

About the Series:

As the United States approaches its 250th anniversary, the JTS Summer 2026 Learning Series will explore the rich and surprising intersections between Jewish thought and American life. From baseball and youth culture to constitutional law, storytelling, and democratic theory, leading scholars reveal how Jewish ideas, texts, and experiences have shaped—and been shaped by—the American experiment.

JTS in the Berkshires 2026

Join JTS scholars in Lenox, Massachusetts, for inspiring learning that illuminates the Jewish past and shapes the Jewish future. Rabbi Ayelet Cohen, Pearl Resnick Dean of The Rabbinical School and Dean of the Division of Religious Leadership, and Dr. Shira Billet, Assistant Professor of Jewish Thought and Ethics, will teach in the Berkshires this summer. The program will consist of two sessions, on Fridays, July 10, and Aug. 7, from 10:30 a.m.–12 noon, at Shakespeare & Company, Elayne P. Bernstein Theater, 70 Kemble St, Lenox, MA.

Tickets: \$25/one session or \$40/both sessions.

Session 1, July 10: “Cultivating Resilience and Joy in Difficult Times.” Constant exposure to bad news, communal and family divisions, and the fear that things are getting worse can take a spiritual toll. Our classical Jewish texts can be a guide to navigate the turbulence of our reality, and help us build practices that strengthen us and our communities and reawaken joy. Taught by Rabbi Cohen.

Session 2, Aug. 7: “A Jewish Ethics of Creativity for a Technological Age.” The age of Artificial Intelligence forces us to ask old questions

Legal Holiday Minyans

Continued from p. 4

Martin Luther King, Jr. Day (Monday near Jan. 19)

Presidents' Day (3rd Monday in Feb.)

Memorial Day (last Monday in May)

Juneteenth (June 19)

Independence Day (July 4)

Labor Day (1st Monday in September)

Thanksgiving Day (4th Thursday in November)

December 25

These holidays and associated minyanim are on the Beth El Calendars and are advertised in fliers and newsletters as well as with special e-mail notices to all congregants. ✦

with new urgency—questions about the power, limits, dangers, and opportunities of human creativity—that lie at the nexus of ethics, religion, and science. Dr. Shira Billet will explore the timely wisdom for our technological age that is found in classical Jewish philosophical reflection on the cosmos and the place of the human being in the divinely created world order, presenting a starting point for a Jewish ethics of creativity in the age of AI. Taught by Dr. Billet.

The program is presented in partnership with Kneset Israel and in cooperation with the Jewish Federation of the Berkshires. Supported in part by a grant from the Harold Grinspoon Foundation.

Please contact Tani Schwartz-Herman at 212-678-8996 or tanischwartz@jtsa.edu with questions about this program.

At the Center for Jewish History/YIVO

The Center for Jewish History and the YIVO Institute for Jewish Research present the following program:

Mon., June 8, 1 p.m. (Zoom): “Eastern European Jewish Immigrant Bankers And The Shaping Of American Finance, 1873–1930.” Book Talk. Rebecca Kobrin chronicles the turn-of-the-twentieth-century Jewish immigrants who arrived from the Russian Empire and settled primarily in New York, where they made livelihoods by assisting fellow Jews, so they could purchase passage to the United States and, after arriving, obtain credit that other lenders would not dare provide. Drawing on previously unexamined archival materials in Russian, Yiddish, German, and English, *Credit to the Nation* traces the novel practices of bankers who not only enabled the flourishing of American Jewry, but also revolutionized the US financial industry.

Rebecca Kobrin is the Russell and Bettina Knapp Associate Professor of American Jewish History at Columbia University. Join us for a discussion with Kobrin about this book, led by Annie Polland.

The Center for Jewish History is located at 15 W. 16th St, New York, NY 10011. For information, please go to cjh.org.

NMAJH news

The National Museum of American Jewish History presents the following program:

“The First Salute: An Untold Story of the American Revolution” is the first-ever major museum exhibition to explore the little-known story of a small group of Jewish merchants in the Caribbean whose outsized contributions to the cause of American Liberty tipped the scales in the fight for American Independence.

This original exhibition will be on view at the Weitzman National Museum of American Jewish History in Philadelphia through April 2027.

The Weitzman Museum of American Jewish History is located at 101 South Independence Mall East, Philadelphia, PA. For more information, please go to theweitzman.org. ✦

**Hanna Kogan
Conservatory
of
MUSIC**

Piano Performance ♪ Music Theory ♪ Music History

(760) 310-1924
hannaconservatory@gmail.com

Find us on Facebook! @[hannakoganconservatoryofmusic](https://www.facebook.com/hannakoganconservatoryofmusic)

Adult Volunteer Program



"Being of service to someone in need is so rewarding."

-John D., Deborah Volunteer for 6 years



You're just the person we've been looking for!
VOLUNTEER NOW.



Would you like to join us?

For more information or if you would like an application, contact:

Deborah Heart and Lung Center
Volunteer Services Department
(800) 223-0135 • (609) 893-3372
email: glassoffj@deborah.org

 **Deborah**
Hospital Foundation
212 Trenton Road
Browns Mills, NJ 08015
800-223-0135 • 609-893-3372

 **Deborah**
Heart and Lung Center

UNSEAL THE TRUTH & CARDEY

Esther C. Byll / Jay Goldman — Authors & Advocates

The Girl from Lomé
Freed Through Forgiveness

- Memoir available in print & audiobook
- A powerful story of resilience and healing

NEW WORKBOOK

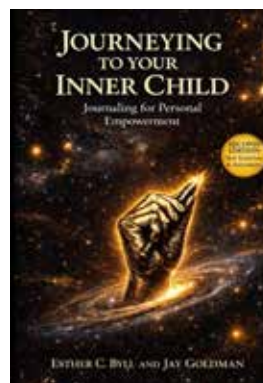
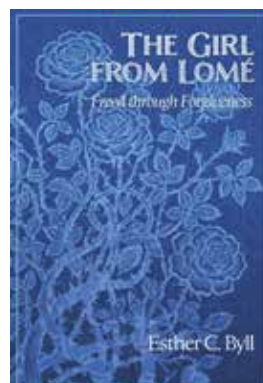
Journeying to Your Inner Child
Journaling for Personal Empowerment
By Esther C. Byll & Jay Goldman

CARDEY — Community Development in Togo, West Africa

Providing clean water, education support, and sustainable community initiatives.

UNSEAL THE TRUTH — U.S. Based Nonprofit
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MERCAZ, the Zionist organization of the worldwide Masorti Movement, is the voice of Conservative Judaism in the World Zionist Organization and the Jewish Agency For Israel.

✓ **Join thousands of other Masorti / Conservative Jews who care about Israel.**

We need your support to ...

- ✓ **Advance** religious pluralism in Israel.
- ✓ **Promote** Masorti/Conservative Judaism throughout the world.
- ✓ **Increase** Zionist activities and Israel programs within Conservative synagogues.
- ✓ **Support** short and long-term Movement study programs to Israel.
- ✓ **Expand** allocations for the Conservative/Masorti Movement.



▶ **Include your MERCAZ USA dues with your congregational bill to help:** ◀

- ▶ Strengthen our Movement's influence in the World Zionist Organization and the Jewish Agency where important decisions that affect Jews around the world are made.
- ▶ Advocate for the Jewish Agency, the World Zionist Organization and Keren Kayemet L'Yisrael to bolster Conservative/Masorti kehillot and institutions in Israel . . . and throughout the world.
- ▶ Improve the quality and understanding of the Zionist dialogue in our congregations.

Jewish Holidays, Festivals, and Fasts 2026/5786–2027/5788

Sefirat HaOmer: Thursday, April 2–Thursday, May 21. Work permitted except on Shabbat.

Pesach Sheni (Second Passover): Friday, May 1. Work permitted

Lag B'Omer: Tuesday, May 5. Work permitted

Shavuot: Begins sunset Thursday, May 21. Ends nightfall Saturday, May 23. No work permitted. (Dates listed are for outside Israel).

Yizkor is recited on Saturday, May 23

The Three Weeks: Thursday, July 2–Thursday, July 23. Work permitted, except Shabbat

Fast of the 17th of Tammuz: Thursday, July 2. Daylight hours only. Work permitted.

Tisha B'Av: Wednesday, July 22–Thursday, July 23. Fast lasts 25 hours. No work permitted.

Tu B'Av: Wednesday, July 29. Work permitted

The Month of Elul: Friday, Aug. 14–Friday, Sept. 11. Work permitted except Shabbat.

Rosh Hashanah 5787: Begins sunset Friday, Sept. 11. Ends nightfall Sunday, Sept. 13. No work permitted.

Fast of Gedaliah: Monday, Sept. 14. Daylight hours only. Work permitted.

Yom Kippur: Begins sunset Sunday, Sept. 20. Ends nightfall Monday, Sept. 21. No work permitted.

Yizkor is recited on Monday, Sept. 21.

Sukkot: Begins sunset Friday, Sept. 25. Ends nightfall Friday, Oct. 2. No work permitted September 26–27. Work permitted on Sept. 28–Oct. 2 with certain restrictions.

Hoshanah Rabbah: Friday, Oct. 2.

Shemini Atzeret & Simchat Torah: Begins sunset Friday, Oct. 2. Ends nightfall Sunday, Oct. 4. No work is permitted.

Yizkor is recited on Shemini Atzeret, Saturday, Oct. 3.

(Dates listed are for outside Israel.)

Chanukah: Friday, Dec. 4–Saturday, Dec. 12. Work permitted except Shabbat.

Fast of Tenth of Tevet: Sunday, Dec. 20 (daylight hours only). Work permitted. ✪

Tu B'Shevat: Saturday, Jan. 23, 2027. No work is permitted due to Shabbat.

Ta'anit Esther: Monday, March 22 (daylight hours only). Work permitted.

Purim: Begins sunset Monday, March 22; ends nightfall Tuesday, March 23. ✪






Masorti Foundation

Israel's Heart, Our Shared Responsibility

This Rosh Hashanah, Israel's heart is still broken. Across the country, people carry wounds, some visible, others deep inside. In moments like this, community is not a luxury. It is survival.

That is why the Masorti Movement is a lifeline. Together, we are:

- **Equipping teens** through *Resili/NOAM* to face trauma and lead with compassion.
- **Planting and growing kehillot** through *Nevatim*, our new grassroots leadership initiative.
- **Renewing Jewish life** in regions hardest hit, restoring connection and trust.
- **Supporting rabbis** through *Revuta*, so they can guide their kehillot with wisdom and care.

Masorti matters because we bring vibrant, egalitarian Judaism, rooted in tradition, open to all, into communities across Israel. No one else does what we do.

Your gift this High Holiday season will bring hope, resilience, and connection to thousands of Israelis. Please give now, so that next Rosh Hashanah, Israel's heart will be stronger because of you.

Please donate today at:
masorti.org.il/high-holidays/
 or scan the QR code on the left.



Scan on the left to receive our twice-monthly newsletter



If you prefer, send a check to our address below. For more about Masorti Israel go to masorti.org.il/home-foundation

Masorti Foundation | 3080 Broadway, New York, NY 10027
foundation@masorti.org | 212-870-5880

WOMEN'S LEAGUE OF BETH EL SYNAGOGUE



Let's send some love from Beth El!

Each year, the Women's League of Beth El puts together care packages for our college students—filled with treats, for a little taste of home. It's our way of reminding them that their Beth El family is cheering them on, no matter how far they roam.

Have a college student in your life? We'd love to include them! Email Shira Leeds to share their address so we can make sure a special package finds its way to them.

If you have any questions, please reach out to Shira Leeds at shiramk@aol.com



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KOSHER MEALS ON WHEELS

From Jewish Family & Children's Service Of Greater Mercer County

For homebound seniors or those with disabilities living in East Windsor, Hamilton, Hightstown, Plainsboro, Princeton and West Windsor.*

Contact Beth Englezos at 609-987-8100 or bethe@jfcsonline.org



We deliver fresh, Kosher, hot nutritious meals and a smile!

You may order up to five meals each week. Each meal includes a meat or fish entrée, bread & margarine, salad & dressing, a starch, vegetable and dessert.

The cost is \$5 per meal and they'll be delivered to your home on Mondays and Wednesdays by our wonderful volunteers.

Meals are prepared by the Natalie and Robert Marcus Greenwood House Home for the Jewish Aged under the supervision of Rabbi Isaac Leizerowski.

*Kosher meals are available in other areas. Please call to inquire.



707 Alexander Road, Ste 102
Princeton, NJ 08540
609-987-8100
www.jfcsonline.org

BIKKUR CHOLIM SOCIETY

BIKKUR CHOLIM: "THE MITZVAH OF VISITING THE SICK"



THE MISSION OF THE BIKKUR CHOLIM SOCIETY OF BETH EL SYNAGOGUE

IS TO REACH OUT TO OUR MEMBERS AND THEIR IMMEDIATE FAMILY WHO LIVE LOCALLY; WHEN THEY ARE ILL IN THE HOSPITAL, REHABILITATION FACILITY, NURSING HOME, OR ISOLATED AT HOME.

WE PROVIDE VISITS, FRIENDLY CALLS, AND GREETING CARDS; AND CAN ADVOCATE FOR OUR MEMBERS' NEEDS AS THEY CONVALESCENCE.



FREQUENTLY ASKED QUESTIONS

HOW CAN I HELP?

We'd like to know about any congregant who'd appreciate visits, phone calls or correspondence (postal or email). Just send us the attached form, and someone will contact you soon. If you prefer, you can also

- Contact Betsy Weiss at (609) 750-1009 or medicalappeals@comcast.net
- Contact Rabbi Kornsgold at (609) 443-4454 x141 or rabbibethel.net

IS THIS CONFIDENTIAL?

Information is shared only between the clergy, coordinator and volunteers. Be sure to discuss any privacy concerns with your volunteer.

HOW CAN I VOLUNTEER?

The *Bikkur Cholim Society* needs volunteers! We are looking for pre-teens, teens and adults who are interested in reaching out to members of our community. Contact Beth Brenman by telephone or e-mail.

Do you volunteer at an area hospital? Let us know if you can visit any member who has been admitted.

Do you enjoy reading, singing or playing a musical instrument? Your talents may be much appreciated by someone who has not been feeling well!

WHY SHOULD I VOLUNTEER?

So many of us want to make a contribution to our community, and the Mitzvah of *Bikkur Cholim* is a wonderful way to reach out in a positive way. Visiting someone who is ill is an act of kindness that helps to lessen feelings of isolation. Additionally, when we contact and connect with someone who is experiencing a difficult time, we strengthen our connection to the community and make it a better place.

HOW TO REQUEST HELP

If you or someone you know from our Beth El community would appreciate a friendly visit, phone call or note, please complete this form and return it to the *Bikkur Cholim* mailbox in the Synagogue Office.

Name of the Beth El member:

Name _____

Address _____

Phone _____

E-mail _____

Person requesting help (if different from above):

Name _____

Phone _____

Brief description of situation:

Type of help needed:

- Hospital visit
- Rehab facility/nursing home visit
- Phone call check-in
- Ongoing phone calls
- Written greeting (postal or e-mail)
- Other (describe) _____

YOUTH GROUP NEWS

Sarah Donsky, Youth Director, youth@bethel.net



USY (8th–12th grade)

Sarah Donsky, youth@bethel.net

KADIMA (6th–7th grade)

Sarah Donsky, youth@bethel.net

PRE-KADIMA (3rd–5th grade)

Sarah Donsky, youth@bethel.net

Tot Shabbat 2025–26

Tot Shabbat for young children through kindergarten and their parents is held on two Shabbat mornings a month, starting at 10:30 a.m. It is led by Danna Livstone with participation by Rabbi Kornsgold and Rabbi Nover. Please check the calendars on pp. 18–19 for exact times each month.

Here are the upcoming dates:
June 6, 20. ✦

Junior & Beginners Junior Congregation

Junior & Beginners Junior Congregation for school-age children are held on selected Saturday mornings at 10:30 a.m.

Here are the upcoming dates: Saturdays, June 6 (BJ & JC), 13 (JC), 20 (BJ & JC), 27 (JC). ✦

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HAVE YOU MADE A GIFT TO BETH EL SYNAGOGUE IN YOUR WILL OR ESTATE PLAN?

IF YES, DON'T KEEP IT A SECRET!

WE WOULD LIKE TO KNOW MORE ABOUT THIS GIFT,
SO THAT WE CAN THANK YOU

Knowing your plans allows us to express our gratitude
and ensures your gift will be used as you intended.

Your gift can also help our organization be eligible for a
Life & Legacy incentive grant from
the Jewish Community Foundation.

If you have information to share about a future gift,
please contact Marc Perlman mperlman@comcast.net



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Social Action

Continued from p. 21

on Wheels. It gives you the barest of information (enough to get the idea), but there is one thing missing—the personal touch.

Very often, people (in need due to illness, being a shut-in, too tired to cook) feel a bit embarrassed to call and enroll in the program. This program takes some of the worry about eating properly out of your hands. The food is very good, costs only \$5 a meal (open to discussion), and is delivered in a timely manner.

The people who deliver the meals are kind, considerate and very polite. JFCS does ask for a commitment of one month sign-up. After that time you can continue or cancel. If you will be away, you can postpone delivery and then restart it.

Now is a good time to call and get included. Please contact Beth Englezos at the JFCS office by email at bethe@jfcsonline.org or call (609) 987-8100, ext. 126. This program is a wonderful way to make at least one mealtime in your home carefree. Meals are strictly kosher and prepared at Greenwood House. ♦

Beth El—Perrineville Jewish Cemetery

Recently several congregants have had general questions about “our cemetery.” This note aims to describe Beth El cemetery and policy.

Beth El Synagogue has shared a rural cemetery with Perrineville Jewish Center (PJC) for over 100 years. The Cemetery is on Route 1 in Perrineville about 5 miles from Beth El Synagogue. It has woods to the north and west and an estate to the east. A parking lot and a small chapel are next to the road, and the cemetery land gently rises behind it. The chapel belongs to PJC.

Plots in the Beth El-Perrineville Jewish Cemetery are not sold. Members of Beth El Synagogue who are in good standing and who have paid off their Building Fund pledge are eligible to be buried there. At time of death, a Perpetual Care Fee is the only charge for the cemetery plot; the fee is currently \$1250 and is assessed to somewhat offset cemetery care into the future.) Plots are assigned by the Cemetery committee, usually in the next available spot in the current row. An adjacent plot can be reserved for a spouse by paying the Perpetual Care Fee for that plot.

No other burial fees are collected for the Cemetery; the family would usually work with the Rabbi and a Funeral Director to arrange for a funeral service, undertaker preparations, caskets, and grave digging. A monument or marker is expected to be placed on the grave within a year. Currently there is a \$25 permit charge that the monument-maker submits to the Cemetery Committee with paperwork on the marker. This permit is to assure that monuments are all relatively standard sizes and colors.

The Cemetery is a Jewish Cemetery under the halachic supervision of the Rabbis of both congregations.

Continued on p. 30

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Three Tax-Smart Ways to Pay Dues and Donations

Supporting Beth El Synagogue and other charitable causes is deeply meaningful. With thoughtful planning, you can also make your contributions more tax-beneficial for yourself. Below are three effective strategies that may help reduce your overall tax burden while maximizing your impact.

1. Donor Advised Funds (DAFs)

A Donor Advised Fund allows you to make a charitable contribution, receive an immediate tax deduction, and recommend grants to charities over time.

Key benefits include:

- Immediate tax deduction in the year the fund is established.
- Avoidance of capital gains tax when donating appreciated assets.
- Potential for tax-free growth within the fund.
- Simple administration, with online grant recommendations.
- Ability to name successors to continue your charitable giving.

2. Qualified Charitable Distributions (QCDs)

If you are age 70½ or older, you can make a Qualified Charitable Distribution directly from your IRA to a qualified charity, including Beth El Synagogue.

Key benefits include:

- Counts toward your Required Minimum Distribution (RMD).
- Reduces your federal taxable income.
- May help lower Medicare premium surcharges.
- May improve eligibility for certain New Jersey programs, such as StayNJ and ANCHOR.
- Provides tax benefits even if you take the standard deduction, since the distribution is excluded from income.

3. Donation of Appreciated Stock

Donating appreciated securities instead of selling them can be a highly tax-efficient way to give.

Key benefits include:

- Avoidance of capital gains tax on the appreciated value.
- Potential deduction for the full fair market value of the stock.
- Greater impact for the charity, as the full value is received.

For example, donating stock instead of selling it and donating the funds, allows the full amount to benefit the synagogue while avoiding capital gains tax.

Final Thoughts

Each of these strategies—Donor Advised Funds, Qualified Charitable Distributions, and gifts of appreciated stock—offers unique advantages. By using one or more of these approaches, you can support Beth El and other causes you care about while making your giving more tax-beneficial to you.

For more information:

- Contact your financial advisor for guidance tailored to your situation.
- Reach out to your financial institution to learn more about Donor Advised Funds.
- Email the Jewish Community Foundation at JCF@jfedgmw.org for DAF details.
- Contact Beth El's Treasurer at treasurer@bethel.net for assistance with stock transfers.

—Lew Meixler ✨

Cemetery

Continued from p. 29

The Committee hires a landscape company to keep the land neat. The guidelines for the Cemetery request that no boundary stones extend from the gravestone to simplify mowing. Plantings are not encouraged and are the responsibility of the family.

If you have any questions about the Cemetery please contact a member of the Cemetery Committee: Seth Josephson, Chair, Brian Albert, Rabbi Jay Kornsgold, Nicole Ostrowsky-Fabisch, or Marc Perlman. ✨

Women's League

Continued from p. 11

to purchase the gift cards. At the end of the financial year, if you spend a certain amount of money, after obligation, a check will be mailed to you. Isn't it great, after your obligation to the Synagogue, you are paid to use the gift cards. Personally, I never go to Shop Rite, Target, or Walmart without gift cards. No extra money out of my pocket and Beth El and Women's League make money.

At this time of year Women's League is considering our slate of officers for the next year. There are several positions open and most require very little time. The more people that help, then there is less for each board member. If interested, please contact me and I will supply more information. Thank you to the ladies that have held and are holding board positions.

Happy Spring.

—Shari Benson

President, Beth El Women's League ✨



Looking to feel connected?

The JCC Golden Age Club provides both virtual and in-person weekly programs featuring speakers, health & wellness, Jewish culture, and celebrations for seniors in their Golden Years.





Join today for ONLY \$54 for a year membership!

Learn more and register at
www.jccpmb.org/golden-age-club

"I enjoy lectures, talks about many different subjects the best. Holiday celebrations are always nice. The real best part is being with the other members and becoming friends."
- GA Club Member

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LEARN. SPEAK OUT. SAVE LIVES.

SHARSHERET'S HAVE THE TALK® CANCER GENETICS EDUCATION CAMPAIGN

Have The Talk with your family today! Individuals with at least one grandparent of Eastern European (Ashkenazi) descent have more than a 10 times greater risk than the general population for carrying a breast cancer (BRCA) gene mutation that can lead to breast cancer, ovarian cancer and related cancers (skin, pancreatic, colon and prostate).

We developed tools to help you to learn your family history and to take action to share important health information with your loved ones. Help save lives! Raise awareness about this vital educational campaign on your college/university campus.

Tips to start the conversation:

- Acknowledge that the conversation is awkward!
- Ask Questions! Ask your family if anyone in your family has had breast, ovarian, or any other related cancers, if they had genetic counseling or know if they are carriers of the BRCA or other gene mutations. Use Sharsheret's pedigree chart in our brochures to guide your conversation and document the responses.
- Keep your family history up to date.

Questions about your personal risk? Contact Sharsheret to speak with a social worker or genetic counselor available via phone, email or livechat.

Holidays and reunions are good times to *Have The Talk* with other members of the family to get as much information as possible.

- If, while having The Talk, you discover a family history of breast or ovarian cancer, please get in touch with us for a free consultation with Sharsheret's genetic counselor.



Order your *Have The Talk* materials today!
Email ekleinhaus@sharsheret.org

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Miller Intro to Judaism *Signature Series*



Rabbi Tarlan Rabizadeh



Rabbi Adam Greenwald



Rabbi Nicholas Losorelli



Rabbi Janice Mehring

BEGINS JUNE 21 | 10:00 AM PT | 1:00 PM ET

A quick reminder to reserve your spot in the **Miller Intro Signature Series** before early bird pricing ends.

This expanded series offers a deeper, more connected way to experience the 18-week journey—guided by a curated cohort of rabbis and designed for those who want more than just a class.

[👉 RESERVE YOUR SPOT](#)

◆ **In addition to the core Miller Intro curriculum, the Signature Series includes:** ◆

→ **Hebrew decoding**

Begin reading and navigating Jewish text with added support throughout the course

→ **Shabbat experience**

Participate in a shared Shabbat dinner as part of your learning journey

→ **Community experiences**

Explore diverse Jewish communities in Los Angeles through curated field trips, with virtual access available for participants joining from anywhere

→ **Access and support**

Opportunities for deeper engagement, including additional guidance from Program Director Rabbi Tarlan

TUITION

Before June 9: \$585 individual | \$810 couple
June 9 - June 21: \$650 individual | \$900 couple
After June 21: \$750 individual | \$1000 couple

If you've been considering joining, now is the time to secure your spot at the early rate.

[👉 RESERVE YOUR SPOT](#)



Membership Anniversary Shabbat
Mazel Tov to the following members celebrating
Membership Anniversaries

13 Years

Brian & Celeste Albert
Jacob & Jennifer Gertsman
Janice Hirschhorn
Elizabeth Koltz
Joel & Lesley Pomeranz
Sally Shakun

18 Years

Jeanette Edelstein
Daniel & Rachel Goemaat
Ami Kestenbaum
Richard & Gail Klein
Simon Rosof & Peishan Ang
Jonathan & Jennifer Schaffel

25 Years

Simon & Lauren Berman
Steven & Judith Bortnick
Joel & Jacqueline Goldfinger
Jeffrey Kaplan
Miles & Sheryl Martin
Louis & Pamela Pagan
Todd & Gail Sokoloff

36 Years

Ellen Botwin
Joan Freeman
Stuart & Eritt Goldstein
Carl & Linda Heringer
Herbert Rosengarten, & Alicia Peller
Stephan & Emily Taylor

50 Years

Cheryl Bardin
Jerome & Beverly Cohen
Ronald & Rita Kraft
Leonard & Sheila Small

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GET ✧
MORE

WOMEN'S LEAGUE of BETH EL SYNAGOGUE LOYALTY REWARDS PROGRAM

Whenever you buy retail and supermarket gift cards, send Leagrams for birthdays or anniversaries, wish your friends L'Shanah Tovah with New Year's grams or make a donation by sending a Mazel Tov or a condolence card, you can earn cash back through the **Women's League Loyalty Rewards Program**, formerly known as the Beth El Sisterhood Donor program.

The money that Women's League earns through these fundraising efforts goes right back to the synagogue whether it is to purchase new equipment for the kitchens or the building, help defray the cost of the popular Kiddush luncheons or to provide exciting new programs for Beth El's members. The money that YOU earn back from these fundraising efforts goes to wherever YOU see fit!

The more you buy, the more you get.

Women's League tracks your spending, and with each qualified purchase, you earn money which accumulates in your Loyalty account. Once your account reaches \$30, you then earn 33% back on the total in your account. For example, if your account equals \$500, you would get a check for \$165.00 in June ($\$500 \times 33\%$). It's like getting FREE money!

Loyalty Rewards Program Facts:

- **No sign-up required. Once you become a paid-up member of Women's League, you are automatically enrolled.**
- **Exclusive cash back rewards program for Women's League members only**
- **Every dollar you spend counts toward your rewards account**
- **Receive 33% back of any money accrued over \$30. No check will be issued if under \$10.**
- **Receive a reward check in June every year**
- **There is no limit to the amount of money you can earn back**
- **Support your synagogue**

Earning opportunities and amount that goes into your loyalty account:

- **Good & Welfare (Mazel Tov, Condolence or Get Well cards): Cost \$4, Loyalty Award \$1**
- **Leagrams: \$1.50 per name, Loyalty Award 50¢**
- **New Year's grams: \$1 per name, Loyalty Award 25¢**
- **Supermarket gift cards: 5% of the purchase price**
- **Retail gift cards: amounts are different depending on the store but range from 2-18% of the purchase price**
- **Women's League dues: \$2 if dues paid in July or August; \$1 if dues paid in September**

Any questions, please do not hesitate to call at Cheryl Bardin, Chairperson, at (609) 448-7860.